



RSE / PSHE

Ten:Ten programme – Life to the Full RSHE curriculum
Weekly PSHE lessons – relationships, wellbeing, safety
Circle time – discussion and reflection
Workshops – NSPCC, police, safety visitors
Curriculum links – science (health, bodies), computing (online safety)
Pastoral support – ELSA, wellbeing groups

CAREERS AND ASPIRATIONS

Aspirations curriculum – exploring talents and vocations, careers week, university links
Role models – visitors and career talks
Education links – university visit, secondary transition
Career awareness – NHS careers resources, curriculum links, careers day, university links
Future readiness – Year 6 transition preparation, SENCO attended transition events, sports festival at feeder school
Other - Dogs Trust, Fire Service, ARTS mark and Science PQSM, local MP

PERSONAL / ONLINE SAFETY AND PHYSICAL HEALTH

PSHE/RSE lessons – personal safety, consent, healthy choices
Online safety – Project Evolve lessons, Safer Internet Day
Workshops – knife crime, radicalisation, NSPCC
Safety education – road safety, bike ability, swimming safety
Safeguarding culture – trusted adults, pastoral support
Mental health support – ELSA, wellbeing groups, pastoral care
PSHE teaching – emotions, resilience, self-esteem, PSHE sessions with ELSA, Outdoor Learning and Forest School
Physical activity – PE curriculum, sports clubs, competitions
Healthy lifestyle – science lessons, cooking, nutrition, Healthy Schools Award
Wellbeing events – Children's Mental Health Week

EQUALITY AND INCLUSION

Catholic ethos – dignity and respect for every person
Inclusive curriculum – diverse books, cultures and role models
Interfaith learning – RE lessons and visits to places of worship
Inclusive opportunities – clubs, trips and sports for all pupils
SEND support – adaptations and targeted provision
Pastoral care – ELSA and family support

MENTAL HEALTH

PSHE/RSE lessons – emotions, resilience, self-esteem (Ten:Ten)
Wellbeing groups – targeted emotional support sessions
Pastoral support – ELSA, Mental Health Lead and Family Support Officer
Whole-school events – Children's Mental Health Week
Mindfulness & prayer – meditation, reflection, spiritual wellbeing
Enrichment activities – outdoor learning, gardening club, creative opportunities

ST JOSEPH'S CVA PERSONAL DEVELOPMENT CURRICULUM

BRITISH VALUE AND PROTECTED CHARACTERISTICS

British Values
Democracy – School Council, pupil voice
Rule of Law – Behaviour policy, police visits
Individual Liberty – PSHE/RSE, pupil leadership
Mutual Respect – Mission values, anti-bullying
Tolerance – RE, learning about other faiths
Personal-Development-Matrix St ...
Protected Characteristics
Equality & dignity – Catholic ethos
Diverse curriculum – books, history role models
Faith understanding – interfaith learning
Inclusive opportunities – clubs, sports, trips
Pastoral care – ELSA, wellbeing support

CHARACTER AND VIRTUES

Virtues curriculum – prudence, justice, fortitude, temperance
Catholic life – prayer, worship, reconciliation
Faith in Action – charity work, CAFOD, community service, Colour Dash
School Own Clothes Day (CAFOD), Rainbows Fundraising, Choir Concert
Leadership roles – chaplaincy, play leaders, digital leaders, hall monitors, wellbeing monitors, house captains
Behaviour culture – restorative approach, positive role modelling, ELSA, external agency support

SMSC

Spiritual
Prayer and daily acts of worship
RE curriculum and liturgical celebrations
Reflection and meditation
Moral
Virtues curriculum
Behaviour policy and restorative approach
Charity and Faith in Action activities
Social
School Council and pupil leadership roles
Teamwork through clubs, sports and residential
Community service and fundraising
Cultural
RE learning about different faiths
Diverse books and curriculum topics
Visits, trips, music, art and performances

CLUBS, TRIPS & WIDER EXPERIENCES

CLUBS

Construction Club
Recorder Club
Reading Ambassadors Club
Gardening Club
Eco Club
Wellbeing Ambassadors
Mindfulness Club
Minni Vinnies
Digital Leaders
School Council Meetings
Football Club - boys and girls
Multisport
Science Club

TRIPS

Smallville
Farm Park
Zoo
Conkers
Abbey Park
Newarke Museum
Bradgate Park
New Walk Museum
Space Centre
Bosworth Park
Warning Zone
Condover Residential
Church Visits
Sports Festival at St Pauls
Netball Club
Save the Planet
Tiny Forest
Ratcliffe Collage

WIDER EXPERIENCES

Wombles Assembly
Severn Trent Assembly
Pantomime
University of Leicester
workshops
Fire and Rescue Service
Keeping your teeth healthy
workshop
Peter Hawkins - Alice Hawkins
Rocksteady
Children in Need
Drama experiences
World Book Day
Pin Pong
Kin Ball
Cricket coaching LCC
Library Visit - Reading in EYFS
Balance Bikes
Careers Week
Sustainable Schools
Cycling Proficiency
Me in Mind
Flourish Project
National Energy Action
NSPCC workshops
Transition support via feeder
secondary schools
Carbon Monoxide Safety
Session
Outdoor Learning Sessions
Forest School

