



# PERSONAL DEVELOPMENT

AT ST JOSEPH'S  
CATHOLIC VOLUNTARY ACADEMY  
LEICESTER

# OUR MISSION & VALUES

**“At St Joseph’s Academy with God’s guidance, we love, learn, respect and forgive”.**

At St Joseph’s Catholic Voluntary Academy, personal development is rooted in our Catholic faith and our commitment to developing the whole child.

Our Personal Development curriculum supports pupils to grow as confident, compassionate and responsible individuals who understand their role in the wider community.

Through our Catholic ethos, pupils learn to live out Gospel values and virtues in their daily lives.

Our curriculum helps pupils to:

- develop strong relationships and respect for others
- understand how to keep themselves safe and healthy
- build resilience and emotional wellbeing
- appreciate diversity and equality
- grow in faith, character and aspiration

**Personal development is central to our school culture and underpins both academic success and preparation for life beyond primary school.**





# OUR APPROACH

At St Joseph's, personal development is planned, inclusive and woven through every aspect of school life.

Our approach combines PSHE, RSE, SMSC development, pastoral care and enrichment experiences to ensure that pupils develop socially, morally, spiritually and culturally.

The curriculum is delivered through:

- Weekly PSHE lessons and the Ten:Ten “Life to the Full” RSHE programme
- Circle time and opportunities for discussion and reflection
- Collective worship and prayer rooted in Catholic tradition
- Pastoral support including ELSA and wellbeing groups
- Workshops and visitors including the NSPCC, police and safety organisations
- Curriculum links across subjects such as science and computing

**Personal development at St Joseph's is not limited to lessons. It is embedded through school culture, relationships, leadership opportunities and wider experiences.**



# SPIRITUAL, MORAL, SOCIAL AND CULTURAL DEVELOPMENT

SMSC development is central to our Personal Development curriculum



## Spiritual Development

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## Moral Development

Pupils develop moral understanding through:

- Our virtues curriculum
- A restorative approach to behaviour
- Charity work and Faith in Action activities



## Social Development

- Pupils build social skills through:
- School Council & pupil leadership roles
  - Teamwork through clubs, sports and residential experiences
    - Community service and fundraising



## Cultural Development

- Pupils broaden their understanding of the world through:
- Learning about different faiths and cultures in RE
  - Diverse books and curriculum content
  - Visits, trips, music, art and performances

**Together these experiences ensure pupils develop into respectful, reflective and active members of society**



# INCLUSION, EQUALITY AND BRITISH VALUES

## British Values

These are embedded across school life:

- Democracy: School Council and pupil voice
- Rule of Law: behaviour policy and visits from community services
- Individual Liberty: PSHE learning and leadership opportunities
- Mutual Respect: Gospel values and anti-bullying culture
- Tolerance: understanding different faiths and beliefs

## Protected Characteristics and Equality

Pupils develop respect for diversity through:

- An inclusive and diverse curriculum
- Role models from different backgrounds
- Learning about other faiths and cultures
- Inclusive opportunities in clubs, trips and sports

Our pastoral support, SEND provision and inclusive ethos ensure all pupils feel valued and supported.

**At St Joseph's, we believe every person is created in the image and likeness of God.  
Our curriculum promotes dignity, equality and respect for all.**



# OUR EXPERIENCES

HEALTH, WELLBEING & SAFETY	PHYSICAL DEVELOPMENT & HEALTHY LIVING	CHARACTER, RESILIENCE & PERSONAL GROWTH
Weekly PSHE lessons & Ten:Ten RSE	PE lessons and sports clubs	Virtues of prudence, justice, fortitude and temperance
Project Evolve and Safer Internet Day	Competitions and sports festivals	Restorative approach to behaviour
NSPCC, police and safety visitors	Science learning on health and the body	Prayer, worship and reflection
Strong safeguarding and trusted adults	Swimming and outdoor learning	Faith in Action and charity work
ELSA, wellbeing groups and pastoral care	Cooking and nutrition activities	Restorative practice
Children's Mental Health Week		Fundraising and community service

Wellbeing and safety are a central part of school life, supported through teaching, pastoral care and safeguarding

Pupils are encouraged to live actively, make healthy choices and develop positive habits for lifelong wellbeing

Character development is embedded across school life and helps pupils grow in virtue, resilience and responsibility



# LEADERSHIP, INCLUSION AND PREPARATION FOR NEXT STEPS

<b>STUDENT LEADERSHIP &amp; PUPIL VOICE</b>	<b>INCLUSION, DIVERSITY &amp; BRITISH VALUES</b>	<b>CAREERS, ASPIRATIONS &amp; LIFE BEYOND ST JOSEPH'S</b>
School Council	Catholic values and respect for all	Careers and aspiration activities
Chaplaincy roles	British Values in school life	Visitors and career role models
Play leaders	Interfaith learning in RE	University links
Digital leaders	Diverse books and role models	NHS careers resources
Wellbeing monitors	Inclusive clubs, trips and enrichment	Secondary transition events
House captains	SEND and pastoral support	

Pupil leadership builds confidence, service and responsibility across the school community

Pupils are supported to value difference, respect others and understand their place in a diverse modern society

Pupils are encouraged to recognise their talents, develop ambition and prepare confidently for the next stage of their education



# IMPACT



Confident and resilient learners who are able to reflect on experiences, manage challenges and develop positive attitudes to learning and life



Respectful and compassionate members of the community who understand the importance of kindness, service and living out the school's Catholic values



Emotionally aware individuals who can recognise and manage their feelings, look after their wellbeing and seek support when needed



Respectful of diversity and equality, understanding British Values and showing tolerance towards people of different backgrounds, beliefs and cultures



Aspirational and prepared for their future, developing confidence in their talents and readiness for the next stage of their education

**Pupils leave St Joseph's as well-rounded young people who are ready for the next stage of education and able to contribute positively to society**

