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| Health and Wellbeing  **Created and Loved by God** | Relationships  **Created to love others** | Living in the Wider world  **Created to live in community** | Journey in Love |

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| **Year 4**  **God loves us in our differences.** | Advent 1 | Advent 2 | Lent 1 | Lent 2 | Pentecost 1 | Pentecost 2 |
| That life is precious and given by God.  Be forgiving, able to say sorry and not hold grudges against those who have hurt me.  Accept that I do not always get what I want and show an awareness of why this is.  That God wants me to use my individual gifts, talents and abilities.  That I can spend time with God in prayer by myself and with others which helps me in life.  That there are different types of relationships including those between acquaintances, friends, relatives and family.  Be friendly, able to make and keep friends.  Emotional | Describe the wider range of my feelings.  Describe changes that happen in life e.g. loss, separation, divorce and bereavement.  That belonging to the Church family means that I should love other people in the same way as Jesus does.  Cope with natural negative emotions and show resilience following setbacks.  What bullying is (including cyber-bullying) and how to respond.  Make a clear and efficient call to emergency services if necessary.  Social  Anti- bullying week | Describe the needs of people and other living things, including the need to reproduce.  That my body is changing as I grow and some of the changes that occur throughout life.  Show care and concern for the special people in my life.  How to recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online.  Not all images, language and behaviour are appropriate.  Be courteous, showing good manners at home and in school.  That some behaviour is unacceptable.  Intellectual  E-safety -  Safer internet day | Accept that I do not always get what I want and show an awareness of why this is.  Describe a healthy life-style, including physical activity, dental health, healthy eating, sleep and hygiene.  Spiritual | Describe the similarities and differences between girls and boys (specific) and correctly name the main external parts of the male and female body and their functions.  That belonging to the Church family means that I should love other people in the same way as Jesus does.  Be respectful of myself and others, recognising differences.  Be caring, aware of the needs of others and responding to those needs.  The difference between good and bad secrets.  Why social media, some computer games and online gambling, for example, are age restricted.  That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health.  How to be a discerning consumer of information online, including understanding that information, including that fro search engines is ranked, selected and targeted.  Show concern for the communities to which I belong, aware that my behaviour has an impact upon them.  Physical | Describe some ways to maintain good mental health, (exercise, diet, sleep, company).  That following Jesus’ teaching on forgiveness can help me in my relationships with my friends.  Be honest, able to be truthful in my relationships with others.  Be friendly, able to make and keep friends.  Identify injustices in the wider world.  That God is Trinity. |