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| Health and Wellbeing**Created and Loved by God** | Relationships**Created to love others** | Living in the Wider world**Created to live in community** | Journey in Love |

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| **Year 1****We meet God’s love in our family.** | Advent 1 | Advent 2 | Lent 1 | Lent 2 | Pentecost 1 | Pentecost 2 |
| Give thanks for the good things in my life.That I am special because I am made and loved by God.Talk about my mood and know that how I am feeling is a normal part of daily life.That prayer is listening to God as well as talking to Him.That healthy families love, care and protect one another and that there are different family structures and these should be respected.Recognise what makes people special.To make and understand the sign of the cross.Physical | That a baby moves as it grows in its mother’s womb.That we all have different likes and dislikes.Describe how to keep healthy in the sun.That there are different types of teasing and bullying which are wrong and unacceptable and how to respond.Social | That Catholics belong to the Church family and that Jesus cares for all.Look after myself and show respect to others.Recognise that I can belong to a variety of communities locally, nationally and globally.Be friendly and can make friends.Emotional | That babies change and grow and that there are life stages from conception to death.Accept that I do not always get what I want.Be courteous, for example, remembering to say, ‘please’ and ‘thank you’ without prompting.Intellectual | Be forgiving, able to say sorry to mend relationships.Be caring, aware of the needs of others.Be honest, able to tell the truth about my actions.That how I act can have consequences.Who to go to if I am worried or need help.Get adult help if someone is hurt.Be caring, aware of the needs of others.Spiritual | Describe the similarities and differences between people (general).Name happy and sad times in my life.That Jesus tells us to forgive one another.Show awareness of differences between my life and others in the wider world.That how I act can have consequences.That Jesus tells us to forgive one another. |