**Curriculum Overview**

***Primary Curriculum Framework for Relationships Education, Relationships and Sex Education and Health Education***

This Primary Curriculum Framework covers EYFS, KS1 and KS2 and is based on three core themes within which there will be broad overlap. It is adaptable to the age and ability of the pupils.

The three themes are:

**Created and loved by God** (this explores the individual)

The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.

**Created to love others** (this explores an individual’s relationships with others)

God is love. We are created out of love and for love. The command to love is the basis of all Christian morality.

**Created to live in community –** **local, national & global** (this explores the individual’s relationships with the wider world)

Human beings are relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

Each theme covers the core strands of ‘Education in Virtue’ and ‘Religious Understanding’ as well as strands which cover the PSHE content of the theme.

\****From September 2020, the Health Education (HE) and Relationships Education (RE) aspects of PSHE education will be compulsory in all schools – these aspects are reflected within each section.***

***It is worth noting that some of the elements of coverage referred to below will already be part of the day to day Catholic life of the school, and reinforced through pupil’s involvement within Collective Worship.***

|  |  | Come and See | Journey in Love | PSHE | Statements to Live By | Early Learning Goals | Links to CAFOD  Resources | Links to Global Calendar |
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| Theme 1: Created and Loved by God | **I know:**  **That I am made by God** | Myself  (Domestic Church- Advent term) | Wonder at God’s love  Nursery  p.7 |  | 1. We are all special |  | Picture my World resource |  |
| **What I am good at** |  | God loves each of us in our uniqueness  Reception  p.12 | Things I like to do. | 2. I can say one good thing about myself | Self-confidence and self-awareness (40-60+mths) | Picture My World |  |
| **Talk about the good things in my life** | Myself (Domestic Church Advent term)  Celebrating (Local Church-Lent term) |  | Different families |  |  | Picture My World resource | World Environment Day  5 June |
| **I know:**  **That I am living and growing** | Growing (Lent/Easter  Lent term) |  |  |  | The world  (30 – 50mths) | Harvest Resources |  |
| **That a baby grows inside its mother’s womb before birth** |  | God loves each of us in our uniqueness  Reception  p.14 |  |  |  |  | International Women’s Day  March |
| **I can:**  **Identify living things** | Growing  (Lent/ Easter – Lent term) |  |  |  | Understanding the world  (30 – 50mths) |  | World Wildlife day  3 March |
| **Be patient when I do not get what I want straight away** |  |  | Taking turns.  Sharing |  | Managing feelings and behaviour  (30-50mths) |  |  |
| **I know :**  **What I like and dislike** |  | Wonder at God’s love  Nursery  p.9 | Things I like and do not like. |  | Self-confidence and self-awareness (40-60+mths) | Picture my world |  |
| **Name similarities and differences between myself and others** |  | Wonder at God’s love  Nursery  p.8  God loves each of us in our uniqueness  Reception  p.11 | All about me. | 35. I notice we are the same and we are different | The world  (40-60+mths) |  | World Day for Cultural Diversity  21 June |
| **Keep clean by washing and drying my hands** |  |  | Handwashing |  | Health and self – care (30-50mths) |  | World Health Day  7 April  World water day 22 March |
| **That a baby grows inside its mother’s womb before birth** |  | God loves each of us in our uniqueness  Reception  p.14 |  |  |  |  | International Women’s Day  March |
| **I know:**  **What I like and dislike** |  | Wonder at God’s love  Nursery  p.9 | Things I like and do not like. |  | Self-confidence and self-awareness (40-60+mths) | Picture my world |  |
| Theme 2: Created to love others | **Show care for others** | Family  (Domestic Church Advent term)  Friends  (Reconciliation-  Pentecost term) | God loves each of us in our uniqueness  Reception  p.14 |  | 27. I know how to help others when they are in trouble | Making relationships  (22–36mths) |  | Fair Trade Fortnight February  Refugee Week June |
| **I can:**  **Say’ please’ and ‘thankyou’** |  |  | Using ‘please’ and ‘thank you’ | 19. I try to use words that make the world a better place | Managing feelings and behaviour  (40-60+mths) | Picture my World resource |  |
| **That God loves me and I can talk to God through prayer** | All Topics | Wonder at God’s love  Nursery  p.10  God loves each of us in our uniqueness  Reception  p.14 |  |  |  |  |  |
| **Say ‘sorry’** | Friends  (Reconciliation-  Pentecost term) |  | Being a good friend | 31. I know how to show I am sorry | Managing feelings and behaviour  (40-60+mths) |  | International Day of Peace  21 September |
| **That Jesus cares for me and I am part of God’s family** | Myself  (Domestic Church- Advent term) |  |  |  |  |  | Universal children’s day  20 November |
| **That Jesus tells us to love one another** | Friends  (Reconciliation-  Pentecost term) |  |  |  |  |  |  |
| **I know:**  **Who can help me in school** |  |  | People who help me. | 25. I know when to ask for help and who to ask for help from | Self-confidence and self-awareness (30-50mths) |  |  |
| Theme 3: Created to line in community – local, global & national | **That I belong to a family and can name my family members** | Myself (Domestic Church Advent term | God loves each of us in our uniqueness  Reception  p.11 | My family |  | Understanding the world People and communities(22-36mths) |  | International Day of Families 15 May |
| **I can:**  **Identify special people (family, carers, friends) in my life** |  | God loves each of us in our uniqueness  Reception  p.12 |  |  | Making relationships (30-50mths) |  |  |
| **When people are being unkind to me or others and how to respond** |  |  |  | 5. I know what to do if I see anyone being hurt | Making relationships (30-50mths) |  |  |
| **To explore who my neighbour is – locally / globally** | Our World  (Universal Church Pentecost term) |  |  |  |  | Picture my World resource |  |
| **Show care for others** | Family  (Domestic Church Advent term)  Friends  (Reconciliation-  Pentecost term) | God loves each of us in our uniqueness  Reception  p.14 |  | 27. I know how to help others when they are in trouble | Making relationships  (22–36mths) |  | Fair Trade Fortnight February  Refugee Week June |
| **Right and wrong actions** | Friends  (Reconciliation-  Pentecost term) |  | Making good choices |  | Managing feelings and behaviour  (40-60+mths) |  |  |
| **To make the sign of the cross** | Baseline Assessment and daily prayers |  |  |  |  |  |  |
| **That Jesus tells us to love one another** | Friends  (Reconciliation-  Pentecost term) |  |  | 19. I try to use words that make the world a better place |  |  |  |
| **Show friendly behaviour towards others** |  | God loves each of us in our uniqueness  Reception  p.13 | Being a good friend. |  | Making relationships (30-50mths) |  | Fair Trade Fortnight February |
| **Ask questions about the wider world** | Our World  (Universal Church Pentecost term) |  |  |  | Understanding the world –the world  (40-60+mths) | God’s Wonderful World linked to  (Come and See Universal Church) | World Environment Day  5 June |

|  |  | Come and See | Journey in Love | PSHE | Statements to Live By | Science  Curriculum | Links to CAFOD | Links to Global Calendar |
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| Theme 1: Created and Loved by God | **That I have individual gifts, talents and abilities, given by God** | Beginnings Y2  (Domestic Church-Advent term) |  |  | 2. I can say one good thing about myself |  |  |  |
| **Give thanks for the good things in my life** | Families Y1  Beginnings Y2  (Domestic Church Advent term) | We meet God’s love in our family  Y1 p.16 |  | 20. I try to appreciate the beauty and the wonder in the world around me |  | Picture My World resource  A Day with Musa resource | World Environment Day  5 June |
| **I know:**  **That babies change and grow and that there are life stages from conception to death** | Change Y1  (Lent/Easter Lent term) | We meet God’s love in our family  Y1 p.15 |  |  | Living things and their habitats  Y2 Sc2/2.1b  Aut 2 – Yr1/2  Sum – Yr2  Animals including humans  Y2 Sc2/2.3b  Aut2/Spr2 – Yr 2  Spr 1- Yr1/2 |  |  |
| **That a baby moves as it grows in its mother’s womb** | Waiting Y1  (Advent term) |  |  |  |  |  | International Women’s Day  8 March |
| **Accept that I do not always get what I want** | Change Y1  Opportunities Y2  (Lent/ Easter Lent term) |  |  | 23. I try to keep going when things get difficult and not give up hope |  |  |  |
| **I can:**  **Identify the needs of people and other living things.** |  |  |  |  | Animals including humans  Y2 Sc2/2.3c  Aut2/Spr2 – Yr 2  Spr 1- Yr1/2 |  | Human Rights Day  10 December |
| **Describe the similarities and differences between people (general)** |  |  |  | 35. I notice that we are the same and we are different |  | A Day with Musa resource | World Day for Cultural Diversity  21June |
| **Say what I should do to keep my body healthy (exercise, food, teeth, sleep, keeping clean)** |  |  |  | 9. I can tell you how I look after myself  10. I think before I make choices that affect my health (circle time) | Animals including humans  Y2 Sc2/2.3c  Aut2/Spr2 – Yr 2  Spr 1- Yr1/2 | Health resource  Water resource | World Health Day  7 April  World Water Day  22 March |
| **I know:**  **That we all have different likes and dislikes** |  |  |  | Autumn 2 |  | A Day with Musa resource  One Day One World resource |  |
| **I can:**  **Name happy and sad times in my life** | Being Sorry Y1  Rules Y2  (Reconciliation Pentecost term) | We meet God’s love in our family  Y1 p.15  We meet God’s love in the community  Y2 p.19 |  | 3. I can say how I feel (circle time) |  |  | International Day of Families  15 May |
| **I know:**  **That I am special because I am made and loved by God** | Belonging Y1  Signs and Symbols Y2  (Baptism- Advent term) | We meet God’s love in our family  Y1 p.18 |  | 1. We are all special |  |  | Universal Children’s Day  20November |
| **Talk about my mood and know that how I am feeling is a normal part of daily life** |  |  |  | 3. I can say how I feel (circle time) |  |  |  |

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| Theme 2: Created to love others | **I can:**  **Be courteous, for example, remembering to say, ‘please’ and ‘thank you’ without prompting** |  |  |  | 19. I try to use words that make the world a better place |  |  |  |
| **That prayer is listening to God as well as talking to Him** | All Topics | We meet God’s love in our family  Y1 p.15-18  We meet God’s love in the community Y2 p.19- 22 |  |  |  |  |  |
| **That Catholics belong to the Church family and that Jesus cares for all** | Special People Y1  (Local church- Spring term)  Neighbours Y1  (Universal Church-Pentecost term) | We meet God’s love in the community  Y2 p.19 |  | 15. I know I belong to a community that includes my school |  | Refugees resource  Universal Church topics | World Refugee Day  20 June |
| **That Jesus tells us to forgive one anot*h*er** | Being Sorry Y1  Rules Y2  (Reconciliation- Pentecost term) |  |  | 31. I know how to show I am sorry |  |  | International Day of Peace  21 September |
| **Be forgiving, able to say sorry to mend relationships** | Being Sorry Y1  Rules Y2  (Reconciliation Pentecost term) |  |  | 31. I know how to show I am sorry  29. I try to forgive people when they hurt me |  |  | International day of Peace  21September |
|  | **Be caring, aware of the needs of others** | Holidays and Holydays Y1  Spread the Word Y2  (Pentecost - Pentecost term) |  |  | 13. I try to love others as I love myself |  | Picture My World resource  A Day with Musa resource | Refugee Week  June  International Day of Families  15 May |
| **Look after myself and show respect to others** |  |  |  | 13. I try to love others as I love myself |  | Picture My World resource  A Day with Musa resource | World Faith Week  22-29 October |
| **Be honest, able to tell the truth about my actions** | Being Sorry Y1  Rules Y2  (Reconciliation Pentecost term) |  |  | 31. I know how to show I am sorry |  |  |  |
| **That how I act can have consequences** | Being Sorry Y1  Rules Y2  (Reconciliation  Pentecost term) |  |  |  |  |  |  |
| **Manage my feelings and behaviour** | Being Sorry Y1  Rules Y2  (Reconciliation Pentecost term) |  |  | 3. I can say how I feel (circle time) |  |  |  |
|  | **Describe how to keep safe in the sun** |  |  |  | 9. I can tell you how I look after myself  10. I think before I make choices that affect my health (circle time) |  | Health resource | World Health Day  7 April |
|  | **I know:**  **Who to go to if I am worried or need help** |  |  |  | 25. I know when to ask for help and who to ask for help from |  |  |  |
| **That healthy families love, care and protect one another and that there are different family structures and these should be respected** | Families Y1 (Domestic Church Advent term) | We meet God’s love in the community  Y2 p.19 |  |  |  |  | Refugee Week June  International Day of Families  15 May |
| **I can:**  **Recognise what makes people special.** |  |  |  | 1. We are all special |  | KS1 Bangladesh resource | International Day for Children  12 April |
| **That there are different types of teasing and bullying which are wrong and unacceptable and how to respond** |  |  |  | 5. I know what to do if I see anyone being hurt  7. I try to stand up for myself and others |  |  | Anti-Bullying Week  November    Internet Safety Week  February |
|  | **How my behaviour affects other people and that there are appropriate and inappropriate behaviours** | Rules Y2  (Reconciliation Pentecost term) | We meet God’s love in the community  Y2 p.19 |  |  |  |  | Anti-Bullying Week  November  Internet Safety Week  February |
|  | **Recognise the characteristics of positive and negative relationships** |  |  |  | 26. I can recognise comfortable and  uncomfortable feelings (circle time)  Yr2 - summer |  |  |  |
| **How to use simple rules for resisting pressure when I feel unsafe or uncomfortable** |  |  |  | 26. I can recognise comfortable and  uncomfortable feelings (circle time)  Yr 2- summer |  |  | Anti-Bullying Week  November  Internet Safety Week  February |
| **Get adult help if someone is hurt** |  |  |  | 27. I know how to help others when they are in trouble  Summer 1 |  |  | Emergency Services Day |

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| Theme 3: Created to line in community – local, global & national | **Recognise that I can belong to a variety of communities locally, nationally and globally** | Special People Y1  Books Y2  (Local church Lent term)  Neighbours Y1  (Universal Church-Pentecost term) |  |  | 15. I know I belong to a community that includes my school |  | KS1 Bangladesh resource  Laudato Si  Care for our Common Home | Fair Trade Fortnight  February |
| **Show awareness of differences between my life and others in the wider world** | Neighbours Y1  (Universal Church-Pentecost term) | We meet God’s love in the community  Y2 p.19 |  |  |  | Fair Trade  Resource  Laudato Si  Care for our Common Home | Fair Trade Fortnight  February |
| **To make, and understand the sign of the cross** | Catholic Life of the school – daily prayers and collective worship |  |  |  |  |  |  |
| **Be friendly and can make friends** |  |  |  | 18. I cooperate with others in work and play.  (circle time) |  |  |  |
| **That how I act can have consequences** | Being Sorry Y1  Rules Y2  (Reconciliation  Pentecost term) |  |  |  |  |  |  |
|  | **That Jesus tells us to forgive one anot*h*er** | Being Sorry Y1  Rules Y2  (Reconciliation- Pentecost term) |  |  | 31. I know how to show I am sorry |  |  | International Day of Peace  21 September |
| **Be caring, aware of the needs of others** | Holidays and Holydays Y1  Spread the Word Y2  (Pentecost - Pentecost term) |  |  | 13. I try to love others as I love myself |  | Picture My World resource  A Day with Musa resource | Refugee Week  June  International Day of Families  15 May |

|  |  | Come and See | Journey in Love | PSHE - Lancashire | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar | |
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| Theme 1: Created and Loved | **I know:**  **That life is precious and given by God** | Homes Y3  People Y4  (Domestic Church-Advent term)  Other Faiths weeks | God loves us in all our differences  Y4 p. 28 -32 | Term 1  No Place like home – Yr3 | 35. I notice that we are the same and we are different  36. I try to be accepting of others |  | One Day One World | Universal Children’s Day 20 November  International Day for Tolerance  16 November | |
| **That God wants me to use my individual gifts, talents and abilities** |  | God loves us in all our differences  Y4 p.30 |  | 2. I can say one good thing about myself  Yr 4 – Aut 1 |  |  |  |
| **Be forgiving, able to say sorry and not hold grudges against those who have hurt me** | Choices Y3  Building Bridges Y4  (Reconciliation- Pentecost term) |  | Term 1  Sparks might fly -  Yr 4 | 33. I try to accept forgiveness from others |  | Peace and Conflict resource | International Day of Peace  21September |
| **Be grateful to others for the good things in my life** | Homes Y3  (Domestic Church-Advent term) |  |  | 20. I try to appreciate the beauty and the wonder in the world around me |  | One Day One World resource | World Environment Day  5 June |
| **I know:**  **That my body is changing as I grow and some of the changes that occur throughout life.** |  | God loves us in all our differences  Y4 p.28-32 |  | Year 4 – Spring 1 |  |  | Universal Children’s Day 20 November  International Day for Older Persons  1October |
| **How a baby grows and develops in its mother’s womb** | Visitors Y3  (Advent-Advent term) | God loves us in all our differences  Y4 p.28-32 |  |  |  |  | International Women’s Day  8 March |
| **Accept that I do not always get what I want and show an awareness of why this is** | Self-Discipline Y4  (Lent/Easter-Lent term) |  | Term 1  Sparks might fly –  Yr 4 | 10. I think before I make choices that affect my health |  |  |  |
| **I can:**  **Describe the needs of people and other living things, including the need to reproduce** |  | God loves us in all our differences  Y4 p.28-32 | Term 1  No place like home –  Yr 3 |  | Livings things and their habitats  Yr 4 Spring 1 |  |  |
| **Describe the similarities and differences between girls and boys (specific) and correctly name the main external parts of the male and female body and their functions** |  | God loves us in all our differences  Y4 p.28-32 |  | 35. I notice that we are the same and we are different  Year 4- Summer 1 |  | One Day One World resource | Universal Children’s Day 20 November |
| **Describe a healthy life-style, including physical activity, dental health, healthy eating, sleep and hygiene** |  |  |  | 9. I can tell you how I look after myself  10. I think before I make choices that affect my health | Animals including humans  Y3 Sc3/2.2  Teeth and the digestive system – Yr 4 Term 4 |  | World Health Day  7 April  World Toilet Day  19 November |
| **I can:**  **Confidently say what I like and dislike** |  | How we live in love  Y3 p.26 |  | 2. I can say one good thing about myself  Yr 3 Autumn 2 |  | One Day One World resource |  |
| **I can:**  **Describe the wider range of my feelings** |  | God loves us in all our differences  Y4 p.30-32 | Term 1  Sparks might fly –  Yr 4 |  |  |  |  |
| **Describe changes that happen in life e.g. loss, separation, divorce and bereavement** | Community Y4  (Local Church-Lent term) |  | Term 1  Sparks might fly –  Yr 4 | 3. I can say how I feel (circle time) |  |  |  |
| **Describe some ways to maintain good mental health, (exercise, diet sleep, company)** |  |  |  | 3. I can say how I feel (circle time)  Yr 4 – summer 2 |  |  | Mental Health Awareness Day/Week |

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| Theme 2: Created to love others | **I can**  **Be courteous, showing good manners at home and in school** |  |  |  | 19. I try to use words that make the world a better place  Yr 4 Spring 1 |  |  |  |
| **That I can spend time with God in prayer by myself and with others**  **which helps me in life** | All Topics  Collective worship | How we live in love  Y3 p.23  God loves us in all our differences  Y4 p.28-32 |  |  |  |  |  |
| **That belonging to the Church family means that I should love other people in the same way as Jesus does** | Journeys Y3  Community Y4  (Local Church-Lent term)  Called Y4  Baptism/Confirmation-Advent term |  | Term 5  A United Kingdom –  Yr 4 | 15. I know I belong to a community that includes my school |  | Refugees resource  Universal Church topics | Refugee Week June  International Day of Families 15 May |
| **That following Jesus’ teaching on forgiveness can help me in my relationships my friends** | Choices Y3  Building Bridges Y4  (Reconciliation-Pentecost term) | God loves us in all our differences  Y4 p.30 |  | 33. I try to accept forgiveness from others |  |  |  |
| **Describe how and why to keep safe in the sun** |  |  |  | 9. I can tell you how I look after myself  10. I think before I make choices that affect my health | Light – Yr 3  Term 1 |  | World Health Day  7 April |
| **Be respectful of myself and others, recognising differences** |  | How we live in love  Y3 p.23 | Term 5  A United Kingdom –  Yr 4 | 33. I know what human dignity means and I show that I respect others |  | One Day One World resource | World Faith Week  22-29 October |
|  | **Be honest, able to be truthful in my relationships with others** | Choices Y3  Building Bridges Y4  (Reconciliation -Pentecost term | How we live in love  Y3 p.25 |  | 31. I know how to show I am sorry |  |  |  |
|  | **Be caring, aware of the needs of others and responding to those needs** | Energy Y3  New Life Y4  (Pentecost-Pentecost term) |  | Term 5  A United Kingdom –  Yr 4 | 27. I know how to help others when they are in trouble  34. I stand up for people who are being treated unfairly |  | All CAFOD resources | Refugee Week June  Fair Trade Fortnight  26 February |
|  | **I know:**  **That some behaviour is unacceptable** |  | How we live in love  Y3 p.26  God loves us in all our differences  Y4 p.30-32 |  | 5. I know what to do if I see anyone being hurt  Yr 4 – Spring 1 |  | Global Neighbours resource  Laudato Si Care for our Common Home | Holocaust Memorial Day  27 January  World Environment Day  5 June |
|  | **Cope with natural negative emotions and show resilience following setbacks** |  | How we live in love  Y3 p.26  God loves us in all our differences  Y4 p.30-32 | Term 1  Sparks might fly –  Yr 4 | 23. I try to keep going when things get difficult and not give up hope |  |  |  |
|  | **I know:**  **That I can go to a number of different people for help in different situations.** |  | How we live in love  Y3 p.23 | Term 1  No place like home –  Yr 3 | 25. I know when to ask for help and who to ask for help from |  |  |  |
|  | **That there are different types of relationships including those between acquaintances, friends, relatives and family** | People Y4 (Domestic Church-Advent term) |  | Term 1  No place like home –  Yr 3 | 35. I notice that we are the same and we are different |  |  |  |

|  |  | Come and See / Sacramental Preparation Education programme | Journey in Love | PSHE - Lancashire | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
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|  | **What bullying is (including cyber-bullying) and how to respond** |  |  |  |  | Computing - |  | Anti-Bullying Week  November |
| **I can:**  **Show care and concern for the special people in my life** | Giving and Receiving Y4  (Eucharist-Lent term) | How we live in love  Y3 p.23 | Term 1  No place like home –  Yr 3 | 18. I cooperate with others in work and play  (circle time) |  |  |  |
| **How to recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online** |  |  |  |  | Computing - |  | Internet Safety Week  February |
| **Make a clear and efficient call to emergency services if necessary** |  |  |  | 27. I know how to help others when they are in trouble  Yr 4 – Autumn 2 |  |  | Emergency services day |
| **That not all images, language and behaviour are appropriate** |  |  |  | 26. I can recognise comfortable and  uncomfortable feelings (circle time) |  |  | Internet Safety Week  February |
|  | **The difference between good and bad secrets** |  |  |  | 15. I know I belong to a community that includes my school  Yr 4 – sum 1 |  |  |  |
|  | **Why social media, some computer games and online gambling, for example, are age restricted.** |  |  |  |  | Computing  Year 4 – sum 1 |  |  |
|  | **That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health** |  |  |  |  | Computing  Year 4 – sum 1 |  |  |
|  | **How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.** |  |  |  |  | Computing  Year 4 – sum 1 |  |  |

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| Theme 3: Created to live in community | **Be friendly, able to make and keep friends** | Choices Y3  Building bridges Y4  (Reconciliation-Pentecost term) | How we live in love  Y3 p.24 | Term 1  Sparks might fly –  Yr 4 | 18. I cooperate with others in work and play  (circle time) |  |  |  |
| **Show concern for the communities to which I belong, aware that my behaviour has an impact upon them** | Choices Y3  Building bridges Y4  (Reconciliation- Pentecost term)  Other Faiths weeks | How we live in love  Y3 p.23 | Term 5  A United Kingdom  Yr 4 | 18. I cooperate with others in work and play  (circle time) |  | Climate and Environment Resource  Fair Trade Resource  Laudato Si  Care for our Common Home | Fairtrade Fortnight  February  World Health Day  7 April  World Environment Day  5 June |
| **Identify injustices in the wider world** | Special Places Y3  God’s People Y4  (Universal Church-Pentecost term) |  | Term 5  A United Kingdom  Yr 4 |  |  | Climate and Environment Resource  Fair Trade Resource  Laudato Si | Fairtrade Fortnight  February  World Health Day  7 April  World Environment Day  5 June |
| **That God is Trinity** | Special Places Y3  God’s People Y4 |  |  |  |  |  |  |
| **That some behaviour is unacceptable** |  |  |  | 18. I cooperate with others in work and play  (circle time)  Yr 3 Spring |  |  |  |
|  | **That following Jesus’ teaching on forgiveness can help me in my relationships with my friends** | Choices Y3  Building bridges Y4  (Reconciliation-Pentecost term) |  |  |  |  |  |  |
|  | **Be caring, aware of the needs of others and responding to those needs** | Energy Y3  New Life Y4  (Pentecost-Pentecost term) |  |  | 27. I know how to help others when they are in trouble  34. I stand up for people who are being treated unfairly |  | All CAFOD resources | Refugee Week June  Fair Trade Fortnight  26 February |

|  |  | Come and See | Journey in Love | PSHE -Lancashire | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
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| Theme 1: Created and Loved by God | **I know:**  **That we are all children of God and made in God’s image and likeness** | Ourselves Y5  (Domestic Church-Advent term) | God loves me in my changing and development  Y5 p.33-36 |  | 1. We are all special |  | One Day One world resource | World Day for Cultural Diversity  21 June  International Day for Tolerance  16 November |
| **That each person has a purpose in the world and that God has created me for a particular purpose (vocation)** | Life Choices Y5  Vocation and Commitment Y6  (Baptism/  Belonging-Advent term) |  |  |  |  | Oscar Romero resource |  |
| **I know:**  **The changes that occur at each stage of a human being’s life (including childhood, adolescence, adulthood, old age) and specifically the changes which occur during puberty** |  | God loves me in my changing and development  Y5 p.33-34  \*SDB Y5 /6 |  |  | Animals including humans Sc5/2.2a |  | International Youth Day  12 August  International Day for Older Persons  1 October |
| **About the week by week development of the baby in its mother’s womb** |  | The wonder of God’s love in creating new life  Y6 p.40-41  \*SDB Y5 /6 |  |  |  |  | International Women’s Day  8 March |
| **How human life is conceived in the womb, including the language of sperm and ova and about the nature and role of menstruation in the fertility cycle** |  | Y5 p.34  God loves me in my changing and development  The wonder of God’s love in creating new life  Y6 p.40-41  \*SDB Y5 /6 |  |  |  |  |  |
| **About the differences between boys and girls with regard to puberty and reproduction** |  | Y5 p.33-36  God loves me in my changing and development  \*SDB Y5 /6  The wonder of God’s love in creating new life  Y6 p.37-39 |  |  |  |  |  |
| **About the impact that poor lifestyle choices can have on my health including lack of physical activity, poor dental health, sleep, hygiene, drugs and alcohol. The facts and science relating to immunisation and vaccination** |  | \*SDB Y5 /6 |  | 9. I can tell you how I look after myself  10. I think before I make choices that affect my health | Animals including humans SC6/2.2b |  | World Health Day  7 April  World Toilet Day  19 November |
| **I can:**  **Be confident in my relationships with my peers in various situations, including online** |  |  |  |  |  |  | Internet Safety Week  February |
| **I can:**  **Describe how my emotions may change and intensify as I grow and move through puberty** |  | God loves me in my changing and development  Y5 p.35  \*SDB Y5 /6  The wonder of God’s love in creating new life  Y6 p.42-43 |  | 3. I can say how I feel |  |  |  |
| **It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.** |  |  |  |  |  |  | Mental Health Week  Summer |
| **I know:**  **How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body.** |  | Y5 p.33-36  God loves me in my changing and development  \*SDB Y5 /6  summer |  |  |  |  |  |
| **Describe some of the varied emotions that accompany the changes that happen in life, e.g. loss, separation, divorce and bereavement** | Death and New Life  Y6  (Lent/Easter-Lent term) | \*SDB Y5 /6  summer |  |  |  |  |  |
| **Describe the impact that poor lifestyle choices can have on mental health**  **and the need for exercise, fresh air, company, good diet and sufficient good quality sleep to support mental well- being.** |  |  |  | 9. I can tell you how I look after myself  10. I think before I make choices that affect my health |  |  | Mental Health Awareness day/week |
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| Theme 2: Created to love others | **I can:**  **Be courteous in my dealings with friends and strangers** |  |  |  | 19. I try to use words that make the world a better place |  |  | NSPCC chat  Autumn  Every 2 yrs  Yrs 5 & 6 |
| **I know:**  **That some behaviour is unacceptable, unhealthy or risky** |  |  |  | 6. I understand that rights match responsibility |  |  | Internet Safety Week  February |
| **About the impact of unsafe exposure to the sun and how to reduce the risk of sun damage** |  |  |  | 9. I can tell you how I look after myself  10. I think before I make choices that affect my health |  |  | World Health Day  7 April |
| **Be respectful of my own and others uniqueness, demonstrating respect for difference (Protected Characteristics)** | Ourselves Y5  (Domestic Church-Advent term)  Other Faiths weeks | God loves me in my changing and development  Y5 p.33-36 |  | 36. I try to be accepting of others |  | One Day One World resource | One World Week  October  World Faith Week  November |
| **The importance of forgiveness and reconciliation in relationships and**  **the challenges involved in following Jesus’ teaching on forgiveness** | Freedom and Responsibility Y5  Healing Y6  (Reconciliation-Pentecost term) |  |  | 29. I try to forgive people when they hurt me  33. I try to accept forgiveness from others |  | Advent and Lent resources | International Day of Peace  21September |
| **Show resilience and manage risk in order to resist unacceptable pressure**  **and show determination and courage when faced with new challenges** |  | God loves me in my changing and development  Y5 p.35 | Survival  Yr 6  Spring | 9. I can tell you how I look after myself |  |  | Internet Safety Week  February |
|  | **That the Church is the Body of Christ in the world and what Church teaching says about showing love for others (Catholic Social Teaching)** | Common Good Y6  (Universal Church-Pentecost term)  Mission Y5  (Local Church-Lent term)  Unity Y6  (Eucharist-Lent term) |  |  | 15. I know I belong to a community that includes my school |  | Universal Church Topic Year 6 | Fair Trade Fortnight February  Refugee week June |
|  | **Be honest, striving to live truthfully and with integrity, using good judgement** |  |  |  | 8. I try to be just and fair |  |  |  |
|  | **Be compassionate, able to empathise with the suffering of others and displaying the generosity to help** | Sacrifice Y5  Death and New Life Y6  (Lent/Easter-Lent term) |  |  | 27. I know how to help others when they are in trouble  34. I stand up for people who are being treated unfairly |  | All CAFOD resources | Refugee week  June  Fair Trade Fortnight  February |
|  | **How to use technology safely** |  |  | Continual – all topics |  |  |  | Internet Safety Week  February |
|  | **I know:**  **That there are a number of different people and organisations I can go to for help in different situations and how to contact them** |  |  | A Kingdom United  Yr 5  Autumn Term | **25. I know when to ask for help and who to ask for help from** |  |  |  |
|  | **About some basic first-aid, dealing with common injuries** |  |  |  | 27. I know how to help others when they are in trouble |  |  | Emergency services Day |
|  | **How to make informed choices in relationships** |  | God loves me in my changing and development  Y5 p.35  The wonder of God’s love in creating new life  Y6 p.42  Spring |  |  |  |  |  |
|  | **That my increasing independence brings increased responsibility to keep myself and others safe** |  |  |  | 6. I understand that rights match responsibility |  |  | Internet Safety Week  February |
|  | **That prayer and worship nourish my relationship with God and support my relationships with others** | All topics | God loves me in my changing and development  Y5 p.36  The wonder of God’s love in creating new life  Y6 p.44 |  |  |  | CAFOD Assembly resources |  |
|  | **About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others’ mental and physical wellbeing.** |  |  |  | 27. I know how to help others when they are in trouble |  |  |  |
|  | **Why social media, some computer games and online gambling, for example, are age restricted.** |  |  |  |  |  |  |  |
|  | **That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health** |  |  |  | 27. I know how to help others when they are in trouble |  |  | Internet safety day  continual |
|  | **How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.** |  |  | Year 6  Super Sleuth |  |  |  |  |
|  | **How to report and get help if I encounter inappropriate materials or messages** |  |  |  | 25. I know when to ask for help and who to ask for help from |  |  | Internet Safety Week  February |

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|  |  | Come and See | Journey in Love | PSHE - Lancashire | Statements to Live By | Science | Links to CAFOD | Links to Global  Calendar |
| Theme 3: Created to live in community | **That there are some cultural practices which are against British law and universal rights (e.g. honour-based violence and forced marriage, human trafficking etc.)** |  |  |  |  |  |  |  |
| **About the importance of living in right relationship with the range of national, regional, religious and ethnic identities in the United Kingdom and beyond, respecting difference** | Other Faiths weeks |  | A Kingdom United  Year 5  Autumn Term | 36. I try to be accepting of others |  | Global Neighbours resource | World Day for Cultural Diversity  21 May |
| **That actions such as female genital mutilation (FGM) constitute abuse, are crimes and how to get support if they have fears for themselves or their peers** |  |  |  |  |  |  |  |
| **To know:**  **That God is Trinity, a communion of persons.** |  |  |  |  |  |  |  |

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|  |  | Come and See | Journey in Love | PSHE - Lancashire | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
| **Demonstrate my gratitude to others for the good things in my life through words and actions** | Ourselves Y5  Loving Y6  (Domestic Church-Advent term) |  |  | 20. I try to appreciate the beauty and the wonder in the world around me |  | One Day One World resource | World Environment Day  5 June |
| **Be self-disciplined and able to delay or even deny myself** | Sacrifice Y5  Death and New Life Y6  (Lent/Easter-Lent term) |  |  |  |  | Advent and Lent Resources |  |
| **I can:**  **Show care and concern for the special people in my life and put their needs before my own** | Sacrifice Y5  Death and New Life Y6(Lent/Easter-Lent term) |  |  |  |  |  |  |
| **Be loyal, able to develop and sustain friendships** |  |  |  |  |  |  |  |
| **Be just and fair, acting with integrity, understanding the impact of my actions locally, nationally and globally** | Stewardship Y5  Common good Y6  (Universal Church-Pentecost term) |  |  |  |  | Climate and Environment Resource  Laudato Si  Care for our Common Home | Fairtrade Fortnight  February  World Health Day  7 April  World Environment Day 5th June |
| **Speak out about injustice in the wider world and what I can do to help.** | Stewardship Y5  Common good Y6  (Universal Church-Pentecost term) |  |  |  |  | Fair Trade Resource  Laudato Si  Care for our Common Home | Fairtrade Fortnight  February  World Health Day  7 April  World Environment Day  5 June |
|  | **Be forgiving, developing the skills to allow reconciliation in relationships** | Freedom and Responsibility Y5  (Reconciliation-Pentecost term) |  |  | 29. I try to forgive people when they hurt me |  |  | International day of Peace  21 September |
|  | **That bacteria and viruses can affect health and that following simple routines and medical interventions can reduce their spread** |  |  | Year 6  Super Sleuth  Spring |  |  |  |  |

Resources referenced in this document:

**Come and See** – Sr Victoria Hummel – Matthew James Publishing Co ltd <http://www.comeandseere.co.uk/>

**Early Learning Goals** from Statutory Framework for Early Years/Foundation Stage

<https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/596629/EYFS_STATUTORY_FRAMEWORK_2017.pdf>

**Science Curriculum 2014** <https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study>

**A Journey in Love** – Sr Jude Groden RSM McCrimmon Publishing Co Ltd <http://www.mccrimmons.com/shop/relationships/>

**PSHE Scheme of work**

**CAFOD** – Catholic Agency for Overseas Development <http://cafod.org.uk/Education/Primary-schools>

**Statements to Live By – Nurturing Human Wholeness Through the Distinctive Catholic Tradition** – Frank McDermott and Theresa Laverick

<http://www.anamcara.org.uk/Nurturing%20Human%20Whole.html>

Global Calendar

<https://globaldimension.org.uk/calendar/>

**\*SDB –** Additional resources produced for Year 5 and Year 6 by Sister Dorothy Black

Suggested additional Resources

**All That I Am** - Relationships and Sex education for Upper KS2 published by the Archdiocese of Birmingham

<http://all-that-i-am.co.uk/>

**Social and Emotional Aspects of Learning (SEAL)** published by Department for Education - National Strategies

<http://webarchive.nationalarchives.gov.uk/20110809101133/nsonline.org.uk/node/87009>

PSHE guidance from PSHE Association [https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe](\\\\dc3\\Diocese\\Education\\Schools\\Relationship and Sex Education\\Draft updated  docs\\ph)

[https://www.pshe-association.org.uk/](\\\\dc3\\Diocese\\Education\\Schools\\Relationship and Sex Education\\Draft updated  docs\\ph)

It is recommend that schools include in their annual curriculum planning some focused lessons about internet safety and all forms of bullying e.g. Internet safety week and anti – bullying week (see global calendar).