**Curriculum Overview**

***Primary Curriculum Framework for Relationships Education, Relationships and Sex Education and Health Education***

This Primary Curriculum Framework covers EYFS, KS1 and KS2 and is based on three core themes within which there will be broad overlap. It is adaptable to the age and ability of the pupils.

The three themes are:

**Created and loved by God** (this explores the individual)

The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.

**Created to love others** (this explores an individual’s relationships with others)

God is love. We are created out of love and for love. The command to love is the basis of all Christian morality.

**Created to live in community –** **local, national & global** (this explores the individual’s relationships with the wider world)

Human beings are relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

Each theme covers the core strands of ‘Education in Virtue’ and ‘Religious Understanding’ as well as strands which cover the PSHE content of the theme.

\****From September 2020, the Health Education (HE) and Relationships Education (RE) aspects of PSHE education will be compulsory in all schools – these aspects are reflected within each section.***

***It is worth noting that some of the elements of coverage referred to below will already be part of the day to day Catholic life of the school, and reinforced through pupil’s involvement within Collective Worship.***

|  |  | Come and See | Journey in Love | PSHE  | Statements to Live By | Early Learning Goals | Links to CAFODResources | Links to Global Calendar |
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| Theme 1: Created and Loved by God | **I know:****That I am made by God** | Myself(Domestic Church- Advent term) | Wonder at God’s loveNurseryp.7 |  | 1. We are all special |  | Picture my World resource |  |
| **What I am good at** |  | God loves each of us in our uniquenessReceptionp.12 | Things I like to do. | 2. I can say one good thing about myself | Self-confidence and self-awareness (40-60+mths) | Picture My World |  |
| **Talk about the good things in my life** | Myself (Domestic Church Advent term)Celebrating (Local Church-Lent term) |  | Different families |  |  | Picture My World resource | World Environment Day 5 June |
| **I know:****That I am living and growing** | Growing (Lent/EasterLent term) |  |  |  | The world(30 – 50mths) | Harvest Resources |  |
| **That a baby grows inside its mother’s womb before birth** |  | God loves each of us in our uniquenessReceptionp.14 |  |  |  |  | International Women’s DayMarch |
| **I can:****Identify living things** | Growing (Lent/ Easter – Lent term) |  |  |  | Understanding the world(30 – 50mths) |  | World Wildlife day3 March |
| **Be patient when I do not get what I want straight away** |  |  | Taking turns.Sharing |  | Managing feelings and behaviour(30-50mths) |  |  |
| **I know :****What I like and dislike** |  | Wonder at God’s loveNurseryp.9 | Things I like and do not like. |  | Self-confidence and self-awareness (40-60+mths) | Picture my world |  |
| **Name similarities and differences between myself and others** |  | Wonder at God’s loveNurseryp.8God loves each of us in our uniquenessReceptionp.11 | All about me. | 35. I notice we are the same and we are different | The world(40-60+mths) |  | World Day for Cultural Diversity21 June |
| **Keep clean by washing and drying my hands** |  |  | Handwashing  |  | Health and self – care (30-50mths) |  | World Health Day7 AprilWorld water day 22 March |
| **That a baby grows inside its mother’s womb before birth** |  | God loves each of us in our uniquenessReceptionp.14 |  |  |  |  | International Women’s Day March |
| **I know:****What I like and dislike** |  | Wonder at God’s loveNurseryp.9 | Things I like and do not like. |  | Self-confidence and self-awareness (40-60+mths) | Picture my world |  |
| Theme 2: Created to love others | **Show care for others** | Family(Domestic Church Advent term)Friends(Reconciliation-Pentecost term) | God loves each of us in our uniquenessReceptionp.14 |  | 27. I know how to help others when they are in trouble | Making relationships(22–36mths) |  | Fair Trade Fortnight FebruaryRefugee Week June |
| **I can:****Say’ please’ and ‘thankyou’** |  |  | Using ‘please’ and ‘thank you’ | 19. I try to use words that make the world a better place | Managing feelings and behaviour(40-60+mths) | Picture my World resource |  |
| **That God loves me and I can talk to God through prayer** | All Topics | Wonder at God’s loveNurseryp.10God loves each of us in our uniquenessReceptionp.14 |  |  |  |  |  |
| **Say ‘sorry’** | Friends(Reconciliation-Pentecost term) |  | Being a good friend | 31. I know how to show I am sorry | Managing feelings and behaviour (40-60+mths) |  | International Day of Peace 21 September |
| **That Jesus cares for me and I am part of God’s family** | Myself(Domestic Church- Advent term) |  |  |  |  |  | Universal children’s day20 November |
| **That Jesus tells us to love one another** | Friends(Reconciliation-Pentecost term) |  |  |  |  |  |  |
| **I know:****Who can help me in school** |  |  | People who help me. | 25. I know when to ask for help and who to ask for help from | Self-confidence and self-awareness (30-50mths) |  |  |
| Theme 3: Created to line in community – local, global & national | **That I belong to a family and can name my family members** | Myself (Domestic Church Advent term | God loves each of us in our uniquenessReceptionp.11 | My family |  | Understanding the world People and communities(22-36mths) |  | International Day of Families 15 May |
| **I can:****Identify special people (family, carers, friends) in my life**  |  | God loves each of us in our uniquenessReceptionp.12 |  |  | Making relationships (30-50mths) |  |  |
| **When people are being unkind to me or others and how to respond** |  |  |  | 5. I know what to do if I see anyone being hurt | Making relationships (30-50mths) |  |  |
| **To explore who my neighbour is – locally / globally** | Our World (Universal Church Pentecost term) |  |  |  |  | Picture my World resource |  |
| **Show care for others** | Family(Domestic Church Advent term)Friends(Reconciliation-Pentecost term) | God loves each of us in our uniquenessReceptionp.14 |  | 27. I know how to help others when they are in trouble | Making relationships(22–36mths) |  | Fair Trade Fortnight FebruaryRefugee Week June |
| **Right and wrong actions** | Friends(Reconciliation-Pentecost term) |  | Making good choices |  | Managing feelings and behaviour (40-60+mths) |  |  |
| **To make the sign of the cross** | Baseline Assessment and daily prayers |  |  |  |  |  |  |
| **That Jesus tells us to love one another** | Friends(Reconciliation-Pentecost term) |  |  | 19. I try to use words that make the world a better place |  |  |  |
| **Show friendly behaviour towards others** |  | God loves each of us in our uniquenessReceptionp.13 | Being a good friend. |  | Making relationships (30-50mths) |  | Fair Trade Fortnight February |
| **Ask questions about the wider world** | Our World (Universal Church Pentecost term) |  |  |  | Understanding the world –the world(40-60+mths) | God’s Wonderful World linked to(Come and See Universal Church) | World Environment Day5 June |

|  |  | Come and See | Journey in Love | PSHE  | Statements to Live By | ScienceCurriculum | Links to CAFOD | Links to Global Calendar |
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| Theme 1: Created and Loved by God | **That I have individual gifts, talents and abilities, given by God** | Beginnings Y2(Domestic Church-Advent term) |  |  | 2. I can say one good thing about myself |  |  |  |
| **Give thanks for the good things in my life** | Families Y1Beginnings Y2(Domestic Church Advent term) | We meet God’s love in our familyY1 p.16 |  | 20. I try to appreciate the beauty and the wonder in the world around me |  | Picture My World resourceA Day with Musa resource | World Environment Day5 June |
| **I know:****That babies change and grow and that there are life stages from conception to death** | Change Y1(Lent/Easter Lent term) | We meet God’s love in our familyY1 p.15 |  |  | Living things and their habitatsY2 Sc2/2.1bAut 2 – Yr1/2Sum – Yr2Animals including humansY2 Sc2/2.3bAut2/Spr2 – Yr 2Spr 1- Yr1/2 |  |  |
| **That a baby moves as it grows in its mother’s womb** | Waiting Y1(Advent term) |  |  |  |  |  | International Women’s Day8 March |
| **Accept that I do not always get what I want** | Change Y1Opportunities Y2(Lent/ Easter Lent term) |  |  | 23. I try to keep going when things get difficult and not give up hope |  |  |  |
| **I can:****Identify the needs of people and other living things.** |  |  |  |  | Animals including humansY2 Sc2/2.3cAut2/Spr2 – Yr 2Spr 1- Yr1/2 |  | Human Rights Day10 December |
|  **Describe the similarities and differences between people (general)**  |  |  |  | 35. I notice that we are the same and we are different |  | A Day with Musa resource | World Day for Cultural Diversity 21June  |
| **Say what I should do to keep my body healthy (exercise, food, teeth, sleep, keeping clean)** |  |  |  | 9. I can tell you how I look after myself10. I think before I make choices that affect my health (circle time) | Animals including humansY2 Sc2/2.3cAut2/Spr2 – Yr 2Spr 1- Yr1/2 | Health resourceWater resource | World Health Day 7 AprilWorld Water Day 22 March |
| **I know:****That we all have different likes and dislikes** |  |  |  | Autumn 2  |  | A Day with Musa resourceOne Day One World resource |  |
| **I can:****Name happy and sad times in my life** | Being Sorry Y1Rules Y2(Reconciliation Pentecost term) | We meet God’s love in our familyY1 p.15We meet God’s love in the community Y2 p.19 |  | 3. I can say how I feel (circle time) |  |  | International Day of Families15 May |
| **I know:****That I am special because I am made and loved by God** | Belonging Y1Signs and Symbols Y2(Baptism- Advent term) | We meet God’s love in our familyY1 p.18 |  | 1. We are all special |  |  | Universal Children’s Day20November |
| **Talk about my mood and know that how I am feeling is a normal part of daily life** |  |  |  | 3. I can say how I feel (circle time) |  |  |  |

|  |  | Come and See | Journey in Love | PSHE  | Statements to Live By | ScienceCurriculum | Links to CAFOD | Links to Global Calendar |
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| Theme 2: Created to love others | **I can:****Be courteous, for example, remembering to say, ‘please’ and ‘thank you’ without prompting** |  |  |  | 19. I try to use words that make the world a better place |  |  |  |
| **That prayer is listening to God as well as talking to Him** | All Topics | We meet God’s love in our familyY1 p.15-18We meet God’s love in the community Y2 p.19- 22 |  |  |  |  |  |
| **That Catholics belong to the Church family and that Jesus cares for all** | Special People Y1(Local church- Spring term)Neighbours Y1(Universal Church-Pentecost term) | We meet God’s love in the community Y2 p.19 |  | 15. I know I belong to a community that includes my school |  | Refugees resourceUniversal Church topics | World Refugee Day20 June |
| **That Jesus tells us to forgive one anot*h*er** | Being Sorry Y1Rules Y2(Reconciliation- Pentecost term) |  |  | 31. I know how to show I am sorry |  |  | International Day of Peace 21 September |
| **Be forgiving, able to say sorry to mend relationships** | Being Sorry Y1Rules Y2(Reconciliation Pentecost term) |  |  | 31. I know how to show I am sorry29. I try to forgive people when they hurt me |  |  | International day of Peace21September |
|  | **Be caring, aware of the needs of others** | Holidays and Holydays Y1Spread the Word Y2(Pentecost - Pentecost term) |  |  | 13. I try to love others as I love myself |  | Picture My World resourceA Day with Musa resource  | Refugee WeekJuneInternational Day of Families15 May |
| **Look after myself and show respect to others**  |  |  |  | 13. I try to love others as I love myself |  | Picture My World resourceA Day with Musa resource | World Faith Week22-29 October |
| **Be honest, able to tell the truth about my actions** | Being Sorry Y1Rules Y2(Reconciliation Pentecost term) |  |  | 31. I know how to show I am sorry |  |  |  |
| **That how I act can have consequences** | Being Sorry Y1Rules Y2(ReconciliationPentecost term) |  |  |  |  |  |  |
| **Manage my feelings and behaviour**  | Being Sorry Y1Rules Y2(Reconciliation Pentecost term) |  |  | 3. I can say how I feel (circle time) |  |  |  |
|  | **Describe how to keep safe in the sun** |  |  |  | 9. I can tell you how I look after myself10. I think before I make choices that affect my health (circle time) |  | Health resource | World Health Day 7 April |
|  | **I know:****Who to go to if I am worried or need help** |  |  |  | 25. I know when to ask for help and who to ask for help from |  |  |  |
| **That healthy families love, care and protect one another and that there are different family structures and these should be respected** | Families Y1 (Domestic Church Advent term) | We meet God’s love in the community Y2 p.19 |  |  |  |  | Refugee Week JuneInternational Day of Families15 May |
| **I can:****Recognise what makes people special.** |  |  |  | 1. We are all special |  | KS1 Bangladesh resource | International Day for Children12 April |
| **That there are different types of teasing and bullying which are wrong and unacceptable and how to respond** |  |  |  | 5. I know what to do if I see anyone being hurt7. I try to stand up for myself and others |  |  | Anti-Bullying WeekNovember Internet Safety Week February |
|  | **How my behaviour affects other people and that there are appropriate and inappropriate behaviours** | Rules Y2(Reconciliation Pentecost term) | We meet God’s love in the community Y2 p.19 |  |  |  |  | Anti-Bullying WeekNovemberInternet Safety Week February |
|  | **Recognise the characteristics of positive and negative relationships** |  |  |  | 26. I can recognise comfortable anduncomfortable feelings (circle time)Yr2 - summer |  |  |  |
| **How to use simple rules for resisting pressure when I feel unsafe or uncomfortable** |  |  |  | 26. I can recognise comfortable anduncomfortable feelings (circle time)Yr 2- summer |  |  | Anti-Bullying WeekNovember Internet Safety Week February |
| **Get adult help if someone is hurt** |  |  |  | 27. I know how to help others when they are in troubleSummer 1 |  |  | Emergency Services Day |

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| Theme 3: Created to line in community – local, global & national | **Recognise that I can belong to a variety of communities locally, nationally and globally**  | Special People Y1Books Y2(Local church Lent term)Neighbours Y1(Universal Church-Pentecost term) |  |  | 15. I know I belong to a community that includes my school |  | KS1 Bangladesh resourceLaudato SiCare for our Common Home | Fair Trade FortnightFebruary |
| **Show awareness of differences between my life and others in the wider world** | Neighbours Y1(Universal Church-Pentecost term) | We meet God’s love in the community Y2 p.19 |  |  |  | Fair TradeResourceLaudato SiCare for our Common Home | Fair Trade FortnightFebruary |
| **To make, and understand the sign of the cross** | Catholic Life of the school – daily prayers and collective worship |  |  |  |  |  |  |
| **Be friendly and can make friends** |  |  |  | 18. I cooperate with others in work and play.(circle time) |  |  |  |
| **That how I act can have consequences** | Being Sorry Y1Rules Y2(ReconciliationPentecost term) |  |  |  |  |  |  |
|  | **That Jesus tells us to forgive one anot*h*er** | Being Sorry Y1Rules Y2(Reconciliation- Pentecost term) |  |  | 31. I know how to show I am sorry |  |  | International Day of Peace 21 September |
| **Be caring, aware of the needs of others** | Holidays and Holydays Y1Spread the Word Y2(Pentecost - Pentecost term) |  |  | 13. I try to love others as I love myself |  | Picture My World resourceA Day with Musa resource  | Refugee WeekJuneInternational Day of Families15 May |

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| Theme 1: Created and Loved  | **I know:****That life is precious and given by God** | Homes Y3People Y4(Domestic Church-Advent term)Other Faiths weeks | God loves us in all our differencesY4 p. 28 -32 | Term 1 No Place like home – Yr3 | 35. I notice that we are the same and we are different36. I try to be accepting of others |  | One Day One World | Universal Children’s Day 20 NovemberInternational Day for Tolerance 16 November |
| **That God wants me to use my individual gifts, talents and abilities** |  | God loves us in all our differencesY4 p.30 |  | 2. I can say one good thing about myselfYr 4 – Aut 1 |  |  |  |
| **Be forgiving, able to say sorry and not hold grudges against those who have hurt me** | Choices Y3Building Bridges Y4(Reconciliation- Pentecost term) |  | Term 1Sparks might fly -Yr 4 | 33. I try to accept forgiveness from others |  | Peace and Conflict resource | International Day of Peace 21September |
| **Be grateful to others for the good things in my life** | Homes Y3(Domestic Church-Advent term) |  |  | 20. I try to appreciate the beauty and the wonder in the world around me |  | One Day One World resource | World Environment Day5 June |
| **I know:****That my body is changing as I grow and some of the changes that occur throughout life.** |  | God loves us in all our differencesY4 p.28-32 |  | Year 4 – Spring 1 |  |  | Universal Children’s Day 20 NovemberInternational Day for Older Persons 1October |
| **How a baby grows and develops in its mother’s womb** | Visitors Y3(Advent-Advent term)  | God loves us in all our differencesY4 p.28-32 |  |  |  |  | International Women’s Day8 March |
| **Accept that I do not always get what I want and show an awareness of why this is** | Self-Discipline Y4(Lent/Easter-Lent term) |  | Term 1Sparks might fly –Yr 4 | 10. I think before I make choices that affect my health |  |  |  |
| **I can:****Describe the needs of people and other living things, including the need to reproduce** |  | God loves us in all our differencesY4 p.28-32 | Term 1No place like home – Yr 3 |  | Livings things and their habitatsYr 4 Spring 1 |  |  |
| **Describe the similarities and differences between girls and boys (specific) and correctly name the main external parts of the male and female body and their functions** |  | God loves us in all our differencesY4 p.28-32 |  | 35. I notice that we are the same and we are differentYear 4- Summer 1 |  | One Day One World resource | Universal Children’s Day 20 November |
| **Describe a healthy life-style, including physical activity, dental health, healthy eating, sleep and hygiene** |  |  |  | 9. I can tell you how I look after myself10. I think before I make choices that affect my health | Animals including humansY3 Sc3/2.2Teeth and the digestive system – Yr 4 Term 4 |  | World Health Day7 AprilWorld Toilet Day19 November |
| **I can:****Confidently say what I like and dislike** |  | How we live in loveY3 p.26 |  | 2. I can say one good thing about myselfYr 3 Autumn 2 |  | One Day One World resource |  |
| **I can:****Describe the wider range of my feelings** |  | God loves us in all our differencesY4 p.30-32 | Term 1Sparks might fly –Yr 4 |  |  |  |  |
| **Describe changes that happen in life e.g. loss, separation, divorce and bereavement** | Community Y4 (Local Church-Lent term)  |  | Term 1Sparks might fly –Yr 4 | 3. I can say how I feel (circle time) |  |  |  |
| **Describe some ways to maintain good mental health, (exercise, diet sleep, company)**  |  |  |  | 3. I can say how I feel (circle time)Yr 4 – summer 2 |  |  | Mental Health Awareness Day/Week |

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| Theme 2: Created to love others | **I can****Be courteous, showing good manners at home and in school** |  |  |  | 19. I try to use words that make the world a better placeYr 4 Spring 1 |  |  |  |
| **That I can spend time with God in prayer by myself and with others****which helps me in life** | All TopicsCollective worship | How we live in loveY3 p.23 God loves us in all our differencesY4 p.28-32 |  |  |  |  |  |
| **That belonging to the Church family means that I should love other people in the same way as Jesus does** | Journeys Y3Community Y4(Local Church-Lent term)Called Y4 Baptism/Confirmation-Advent term |  | Term 5A United Kingdom – Yr 4 | 15. I know I belong to a community that includes my school |  | Refugees resourceUniversal Church topics | Refugee Week JuneInternational Day of Families 15 May |
| **That following Jesus’ teaching on forgiveness can help me in my relationships my friends** | Choices Y3Building Bridges Y4(Reconciliation-Pentecost term) | God loves us in all our differencesY4 p.30 |  | 33. I try to accept forgiveness from others |  |  |  |
| **Describe how and why to keep safe in the sun** |  |  |  | 9. I can tell you how I look after myself10. I think before I make choices that affect my health | Light – Yr 3Term 1 |  | World Health Day7 April |
| **Be respectful of myself and others, recognising differences** |  | How we live in loveY3 p.23 | Term 5A United Kingdom –Yr 4 | 33. I know what human dignity means and I show that I respect others |  | One Day One World resource | World Faith Week22-29 October  |
|  | **Be honest, able to be truthful in my relationships with others** | Choices Y3Building Bridges Y4(Reconciliation -Pentecost term  | How we live in loveY3 p.25 |  | 31. I know how to show I am sorry |  |  |  |
|  | **Be caring, aware of the needs of others and responding to those needs** | Energy Y3New Life Y4(Pentecost-Pentecost term) |  | Term 5A United Kingdom – Yr 4 | 27. I know how to help others when they are in trouble34. I stand up for people who are being treated unfairly |  | All CAFOD resources  | Refugee Week JuneFair Trade Fortnight 26 February |
|  | **I know:****That some behaviour is unacceptable** |  | How we live in loveY3 p.26God loves us in all our differencesY4 p.30-32 |  | 5. I know what to do if I see anyone being hurtYr 4 – Spring 1 |  | Global Neighbours resourceLaudato Si Care for our Common Home | Holocaust Memorial Day27 JanuaryWorld Environment Day5 June |
|  | **Cope with natural negative emotions and show resilience following setbacks** |  | How we live in loveY3 p.26God loves us in all our differencesY4 p.30-32 | Term 1Sparks might fly – Yr 4 | 23. I try to keep going when things get difficult and not give up hope |  |  |  |
|  | **I know:****That I can go to a number of different people for help in different situations.** |  | How we live in loveY3 p.23 | Term 1No place like home –Yr 3 | 25. I know when to ask for help and who to ask for help from |  |  |  |
|  | **That there are different types of relationships including those between acquaintances, friends, relatives and family** | People Y4 (Domestic Church-Advent term) |  | Term 1No place like home –Yr 3 | 35. I notice that we are the same and we are different |  |  |  |

|  |  | Come and See / Sacramental Preparation Education programme | Journey in Love | PSHE - Lancashire | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
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|  | **What bullying is (including cyber-bullying) and how to respond** |  |  |  |  | Computing -  |  | Anti-Bullying WeekNovember |
| **I can:****Show care and concern for the special people in my life** | Giving and Receiving Y4 (Eucharist-Lent term) | How we live in loveY3 p.23 | Term 1No place like home –Yr 3 | 18. I cooperate with others in work and play(circle time) |  |  |  |
| **How to recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online** |  |  |  |  | Computing -  |  | Internet Safety Week February |
| **Make a clear and efficient call to emergency services if necessary** |  |  |  | 27. I know how to help others when they are in troubleYr 4 – Autumn 2 |  |  | Emergency services day  |
| **That not all images, language and behaviour are appropriate** |  |  |  | 26. I can recognise comfortable anduncomfortable feelings (circle time) |  |  | Internet Safety Week February |
|  | **The difference between good and bad secrets** |  |  |  | 15. I know I belong to a community that includes my schoolYr 4 – sum 1 |  |  |  |
|  | **Why social media, some computer games and online gambling, for example, are age restricted.**  |  |  |  |  | Computing Year 4 – sum 1 |  |  |
|  | **That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health** |  |  |  |  | Computing Year 4 – sum 1 |  |  |
|  | **How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.** |  |  |  |  | Computing Year 4 – sum 1 |  |  |

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| Theme 3: Created to live in community | **Be friendly, able to make and keep friends** | Choices Y3Building bridges Y4(Reconciliation-Pentecost term) | How we live in loveY3 p.24 | Term 1Sparks might fly –Yr 4 | 18. I cooperate with others in work and play(circle time) |  |  |  |
| **Show concern for the communities to which I belong, aware that my behaviour has an impact upon them**  | Choices Y3Building bridges Y4(Reconciliation- Pentecost term)Other Faiths weeks  | How we live in loveY3 p.23 | Term 5A United KingdomYr 4 | 18. I cooperate with others in work and play(circle time) |  | Climate and Environment ResourceFair Trade ResourceLaudato Si Care for our Common Home | Fairtrade FortnightFebruaryWorld Health Day 7 AprilWorld Environment Day 5 June |
| **Identify injustices in the wider world** | Special Places Y3God’s People Y4(Universal Church-Pentecost term)  |  | Term 5A United KingdomYr 4 |  |  | Climate and Environment ResourceFair Trade ResourceLaudato Si  | Fairtrade FortnightFebruaryWorld Health Day 7 AprilWorld Environment Day 5 June |
| **That God is Trinity** | Special Places Y3God’s People Y4 |  |  |  |  |  |  |
| **That some behaviour is unacceptable** |  |  |  | 18. I cooperate with others in work and play(circle time)Yr 3 Spring |  |  |  |
|  | **That following Jesus’ teaching on forgiveness can help me in my relationships with my friends** | Choices Y3Building bridges Y4(Reconciliation-Pentecost term) |  |  |  |  |  |  |
|  | **Be caring, aware of the needs of others and responding to those needs** | Energy Y3New Life Y4(Pentecost-Pentecost term) |  |  | 27. I know how to help others when they are in trouble34. I stand up for people who are being treated unfairly |  | All CAFOD resources  | Refugee Week JuneFair Trade Fortnight 26 February |

|  |  | Come and See | Journey in Love | PSHE -Lancashire | Statements to Live By | Science | Links to CAFOD | Links to Global Calendar |
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| Theme 1: Created and Loved by God  | **I know:****That we are all children of God and made in God’s image and likeness** | Ourselves Y5(Domestic Church-Advent term) | God loves me in my changing and developmentY5 p.33-36 |  | 1. We are all special |  | One Day One world resource | World Day for Cultural Diversity 21 June International Day for Tolerance 16 November |
| **That each person has a purpose in the world and that God has created me for a particular purpose (vocation)** | Life Choices Y5Vocation and Commitment Y6(Baptism/Belonging-Advent term) |  |  |  |  | Oscar Romero resource |  |
| **I know:****The changes that occur at each stage of a human being’s life (including childhood, adolescence, adulthood, old age) and specifically the changes which occur during puberty** |  | God loves me in my changing and developmentY5 p.33-34\*SDB Y5 /6 |  |  | Animals including humans Sc5/2.2a |  | International Youth Day12 August International Day for Older Persons1 October |
| **About the week by week development of the baby in its mother’s womb** |   | The wonder of God’s love in creating new lifeY6 p.40-41\*SDB Y5 /6 |  |  |  |  | International Women’s Day8 March |
| **How human life is conceived in the womb, including the language of sperm and ova and about the nature and role of menstruation in the fertility cycle** |  | Y5 p.34God loves me in my changing and developmentThe wonder of God’s love in creating new lifeY6 p.40-41\*SDB Y5 /6 |  |  |  |  |  |
| **About the differences between boys and girls with regard to puberty and reproduction** |  | Y5 p.33-36God loves me in my changing and development\*SDB Y5 /6The wonder of God’s love in creating new lifeY6 p.37-39 |  |  |  |  |  |
|  **About the impact that poor lifestyle choices can have on my health including lack of physical activity, poor dental health, sleep, hygiene, drugs and alcohol. The facts and science relating to immunisation and vaccination** |  | \*SDB Y5 /6 |  | 9. I can tell you how I look after myself10. I think before I make choices that affect my health | Animals including humans SC6/2.2b |  | World Health Day 7 AprilWorld Toilet Day19 November |
| **I can:****Be confident in my relationships with my peers in various situations, including online** |  |  |  |  |  |  | Internet Safety WeekFebruary |
| **I can:****Describe how my emotions may change and intensify as I grow and move through puberty** |  | God loves me in my changing and developmentY5 p.35\*SDB Y5 /6The wonder of God’s love in creating new lifeY6 p.42-43 |  | 3. I can say how I feel |  |  |  |
| **It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.** |  |  |  |  |  |  | Mental Health WeekSummer |
| **I know:****How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body.** |  | Y5 p.33-36God loves me in my changing and development\*SDB Y5 /6summer |  |  |  |  |  |
| **Describe some of the varied emotions that accompany the changes that happen in life, e.g. loss, separation, divorce and bereavement** | Death and New LifeY6(Lent/Easter-Lent term) | \*SDB Y5 /6summer |  |  |  |  |  |
| **Describe the impact that poor lifestyle choices can have on mental health** **and the need for exercise, fresh air, company, good diet and sufficient good quality sleep to support mental well- being.**  |  |  |  | 9. I can tell you how I look after myself10. I think before I make choices that affect my health |  |  | Mental Health Awareness day/week |
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| Theme 2: Created to love others | **I can:****Be courteous in my dealings with friends and strangers** |  |  |  | 19. I try to use words that make the world a better place |  |  | NSPCC chatAutumnEvery 2 yrsYrs 5 & 6 |
| **I know:****That some behaviour is unacceptable, unhealthy or risky** |  |  |  | 6. I understand that rights match responsibility |  |  | Internet Safety WeekFebruary |
| **About the impact of unsafe exposure to the sun and how to reduce the risk of sun damage** |  |  |  | 9. I can tell you how I look after myself10. I think before I make choices that affect my health |  |  | World Health Day 7 April |
| **Be respectful of my own and others uniqueness, demonstrating respect for difference (Protected Characteristics)** | Ourselves Y5(Domestic Church-Advent term)Other Faiths weeks | God loves me in my changing and developmentY5 p.33-36 |  | 36. I try to be accepting of others |  | One Day One World resource | One World WeekOctoberWorld Faith WeekNovember |
| **The importance of forgiveness and reconciliation in relationships and****the challenges involved in following Jesus’ teaching on forgiveness** | Freedom and Responsibility Y5Healing Y6(Reconciliation-Pentecost term) |  |  | 29. I try to forgive people when they hurt me33. I try to accept forgiveness from others |  | Advent and Lent resources | International Day of Peace21September |
| **Show resilience and manage risk in order to resist unacceptable pressure** **and show determination and courage when faced with new challenges** |  | God loves me in my changing and developmentY5 p.35 | Survival Yr 6Autumn | 9. I can tell you how I look after myself |  |  | Internet Safety WeekFebruary |
|  | **That the Church is the Body of Christ in the world and what Church teaching says about showing love for others (Catholic Social Teaching)** | Common Good Y6(Universal Church-Pentecost term)Mission Y5(Local Church-Lent term) Unity Y6(Eucharist-Lent term) |  |  | 15. I know I belong to a community that includes my school |  | Universal Church Topic Year 6 | Fair Trade Fortnight FebruaryRefugee week June |
|  | **Be honest, striving to live truthfully and with integrity, using good judgement** |  |  |  | 8. I try to be just and fair |  |  |  |
|  | **Be compassionate, able to empathise with the suffering of others and displaying the generosity to help** | Sacrifice Y5Death and New Life Y6(Lent/Easter-Lent term) |  |  | 27. I know how to help others when they are in trouble34. I stand up for people who are being treated unfairly |  | All CAFOD resources | Refugee week JuneFair Trade FortnightFebruary |
|  | **How to use technology safely** |  |  | Continual – all topics |  |  |  | Internet Safety WeekFebruary |
|  | **I know:****That there are a number of different people and organisations I can go to for help in different situations and how to contact them** |  |  | A Kingdom UnitedYr 5Autumn Term | **25. I know when to ask for help and who to ask for help from** |  |  |  |
|  | **About some basic first-aid, dealing with common injuries** |  |  |  | 27. I know how to help others when they are in trouble |  |  | Emergency services Day |
|  | **How to make informed choices in relationships**  |  | God loves me in my changing and developmentY5 p.35The wonder of God’s love in creating new lifeY6 p.42Spring |  |  |  |  |  |
|  | **That my increasing independence brings increased responsibility to keep myself and others safe** |  |  |  | 6. I understand that rights match responsibility |  |  | Internet Safety WeekFebruary |
|  | **That prayer and worship nourish my relationship with God and support my relationships with others** | All topics | God loves me in my changing and developmentY5 p.36The wonder of God’s love in creating new lifeY6 p.44 |  |  |  | CAFOD Assembly resources |  |
|  | **About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others’ mental and physical wellbeing.** |  |  |  | 27. I know how to help others when they are in trouble |  |  |  |
|  | **Why social media, some computer games and online gambling, for example, are age restricted.** |  |  |  |  |  |  |  |
|  | **That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health** |  |  |  | 27. I know how to help others when they are in trouble |  |  | Internet safety daycontinual |
|  | **How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.** |  |  | Year 6 Super SleuthSummer |  |  |  |  |
|  | **How to report and get help if I encounter inappropriate materials or messages** |  |  |  | 25. I know when to ask for help and who to ask for help from |  |  | Internet Safety WeekFebruary |

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| Theme 3: Created to live in community | **That there are some cultural practices which are against British law and universal rights (e.g. honour-based violence and forced marriage, human trafficking etc.)** |  |  |  |  |  |  |  |
| **About the importance of living in right relationship with the range of national, regional, religious and ethnic identities in the United Kingdom and beyond, respecting difference** | Other Faiths weeks |  | A Kingdom UnitedYear 5Autumn Term | 36. I try to be accepting of others |  | Global Neighbours resource | World Day for Cultural Diversity21 May |
| **That actions such as female genital mutilation (FGM) constitute abuse, are crimes and how to get support if they have fears for themselves or their peers** |  |  |  |  |  |  |  |
| **To know:****That God is Trinity, a communion of persons.** |  |  |  |  |  |  |  |

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| **Demonstrate my gratitude to others for the good things in my life through words and actions** | Ourselves Y5Loving Y6(Domestic Church-Advent term) |  |  | 20. I try to appreciate the beauty and the wonder in the world around me |  | One Day One World resource | World Environment Day5 June |
| **Be self-disciplined and able to delay or even deny myself**  | Sacrifice Y5Death and New Life Y6(Lent/Easter-Lent term) |  |  |  |  | Advent and Lent Resources |  |
| **I can:****Show care and concern for the special people in my life and put their needs before my own**  | Sacrifice Y5Death and New Life Y6(Lent/Easter-Lent term) |  |  |  |  |  |  |
| **Be loyal, able to develop and sustain friendships** |  |  |  |  |  |  |  |
| **Be just and fair, acting with integrity, understanding the impact of my actions locally, nationally and globally** | Stewardship Y5Common good Y6(Universal Church-Pentecost term) |  |  |  |  | Climate and Environment ResourceLaudato SiCare for our Common Home | Fairtrade FortnightFebruaryWorld Health Day7 AprilWorld Environment Day 5th June |
| **Speak out about injustice in the wider world and what I can do to help.** | Stewardship Y5Common good Y6(Universal Church-Pentecost term) |  |  |  |  | Fair Trade ResourceLaudato Si Care for our Common Home | Fairtrade FortnightFebruaryWorld Health Day 7 AprilWorld Environment Day 5 June |
|  | **Be forgiving, developing the skills to allow reconciliation in relationships** | Freedom and Responsibility Y5(Reconciliation-Pentecost term) |  |  | 29. I try to forgive people when they hurt me |  |  | International day of Peace 21 September |
|  | **That bacteria and viruses can affect health and that following simple routines and medical interventions can reduce their spread** |  |  | Year 6Super SleuthSummer |  |  |  |  |

Resources referenced in this document:

**Come and See** – Sr Victoria Hummel – Matthew James Publishing Co ltd <http://www.comeandseere.co.uk/>

**Early Learning Goals** from Statutory Framework for Early Years/Foundation Stage

<https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/596629/EYFS_STATUTORY_FRAMEWORK_2017.pdf>

**Science Curriculum 2014** <https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study>

**A Journey in Love** – Sr Jude Groden RSM McCrimmon Publishing Co Ltd <http://www.mccrimmons.com/shop/relationships/>

**PSHE Scheme of work**

**CAFOD** – Catholic Agency for Overseas Development <http://cafod.org.uk/Education/Primary-schools>

**Statements to Live By – Nurturing Human Wholeness Through the Distinctive Catholic Tradition** – Frank McDermott and Theresa Laverick

<http://www.anamcara.org.uk/Nurturing%20Human%20Whole.html>

Global Calendar

<https://globaldimension.org.uk/calendar/>

**\*SDB –** Additional resources produced for Year 5 and Year 6 by Sister Dorothy Black

Suggested additional Resources

**All That I Am** - Relationships and Sex education for Upper KS2 published by the Archdiocese of Birmingham

<http://all-that-i-am.co.uk/>

**Social and Emotional Aspects of Learning (SEAL)** published by Department for Education - National Strategies

<http://webarchive.nationalarchives.gov.uk/20110809101133/nsonline.org.uk/node/87009>

PSHE guidance from PSHE Association [https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe](%5C%5C%5C%5Cdc3%5C%5CDiocese%5C%5CEducation%5C%5CSchools%5C%5CRelationship%20and%20Sex%20Education%5C%5CDraft%20updated%20%20docs%5C%5Cph)

[https://www.pshe-association.org.uk/](%5C%5C%5C%5Cdc3%5C%5CDiocese%5C%5CEducation%5C%5CSchools%5C%5CRelationship%20and%20Sex%20Education%5C%5CDraft%20updated%20%20docs%5C%5Cph)

It is recommend that schools include in their annual curriculum planning some focused lessons about internet safety and all forms of bullying e.g. Internet safety week and anti – bullying week (see global calendar).