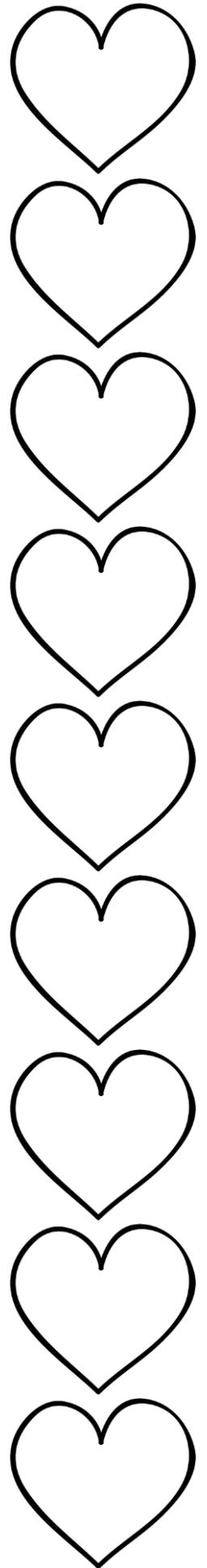

**The wonder of
God's love in
creating new
life**



Name:

Keywords...

puberty, gender, transgender, gay, lesbian, sexuality, sex, ejaculates, intercourse, conceive, relationship, uterus, fallopian tubes, menstruation, period, nocturnal emission, wet dream, ovum, ovulation, sperm, penis, scrotum, vagina, marriage, cervix, natural birth, caesarean, C-section, umbilical cord, dignity, respect, appropriate.

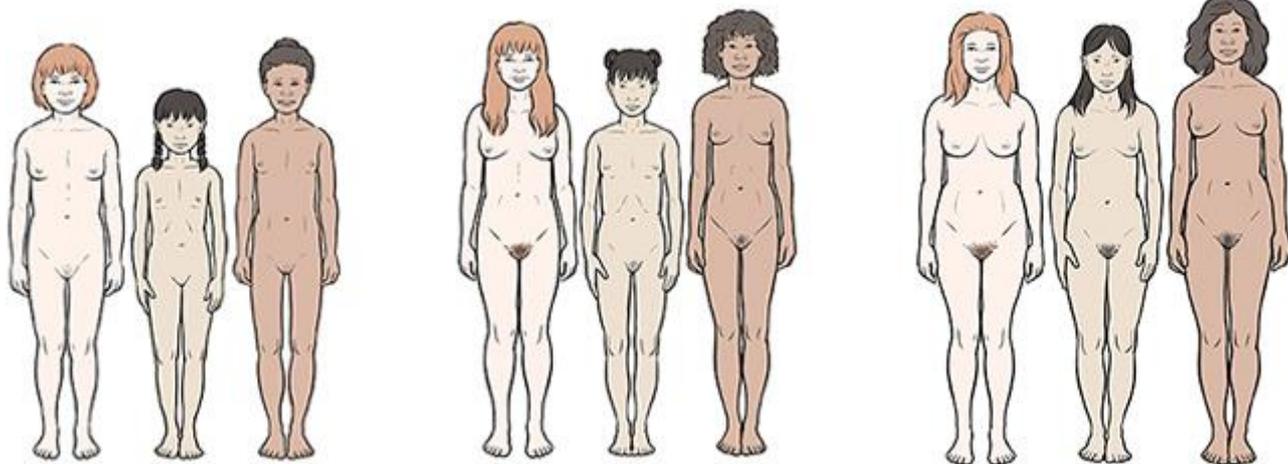
*We praise and thank you, Lord,
For gifts of life and love.
Help us to use these wisely
As we continue to journey in love.
Amen.*

Puberty

Puberty is a stage children go through as part of growing up. Chemicals in your body called hormones trigger changes. Changes happen to your body to prepare you for being an adult. Some changes are physical, some are emotional.

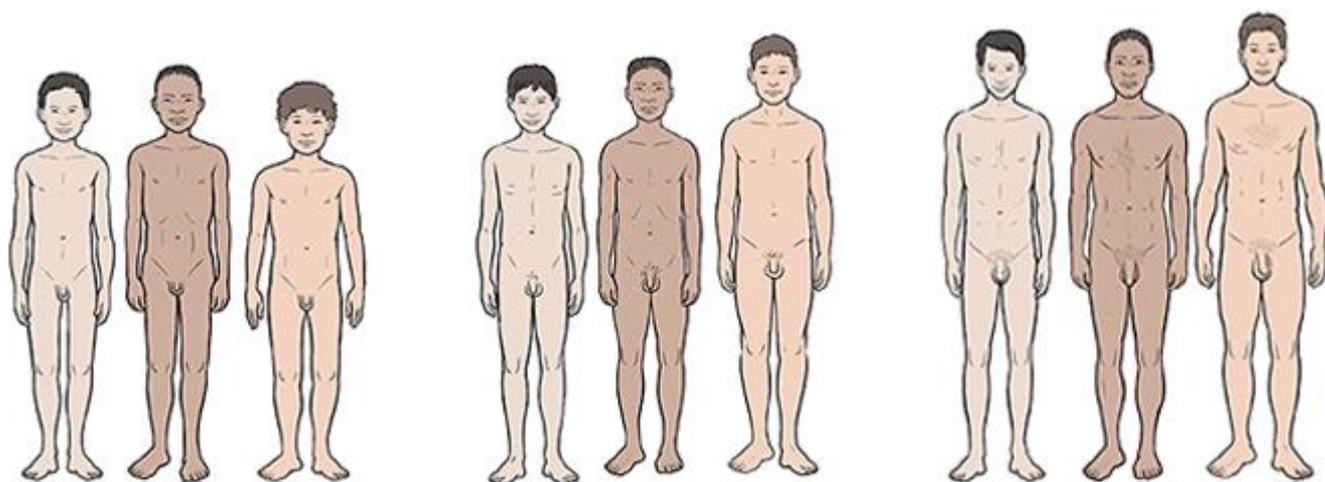
Girls	Boys
<ul style="list-style-type: none">• Breasts develop• Hips grow bigger• Reproductive organs develop. Each month an ovum is released from the ovaries (ovulation) and travels along the fallopian tubes towards the uterus. The uterus (womb) prepares a lining to help the ovum grow if it is fertilised by a sperm. If not, the lining and the ovum are released from the body. This is called menstruation or a period. This is natural and is your body's way of preparing to reproduce when you are and adult.	<ul style="list-style-type: none">• Muscles gets bigger• Voice deepens as the vocal chords thicken• Size of the penis and scrotum increases in relation to the rest of the body• Penis can become erect sometimes• Sperm can sometimes be released, especially at night. This is called nocturnal emissions or a wet dream. This is natural and is your body's way of preparing to reproduce when you are and adult.
Both	
<ul style="list-style-type: none">• Hair grows under arms• Hair grows around the genitals - the vagina for girls, the penis and scrotum for boys• Start to sweat more, regular washing and using deodorant helps• Head hair can become greasier• Spots can develop• Changing hormones can mean changing moods. You may sometimes feel GLAD SAD or MAD and struggle to understand why.	
<div style="border: 1px solid black; padding: 10px; text-align: center;"><p>The changes soon settle down. Every adult has gone through puberty and understands how you feel. If you are struggling with these changes-talk to a trusted adult at home or at school.</p></div>	

Check out the changes girls! These 3 girls have developed at different rates from childhood to adulthood

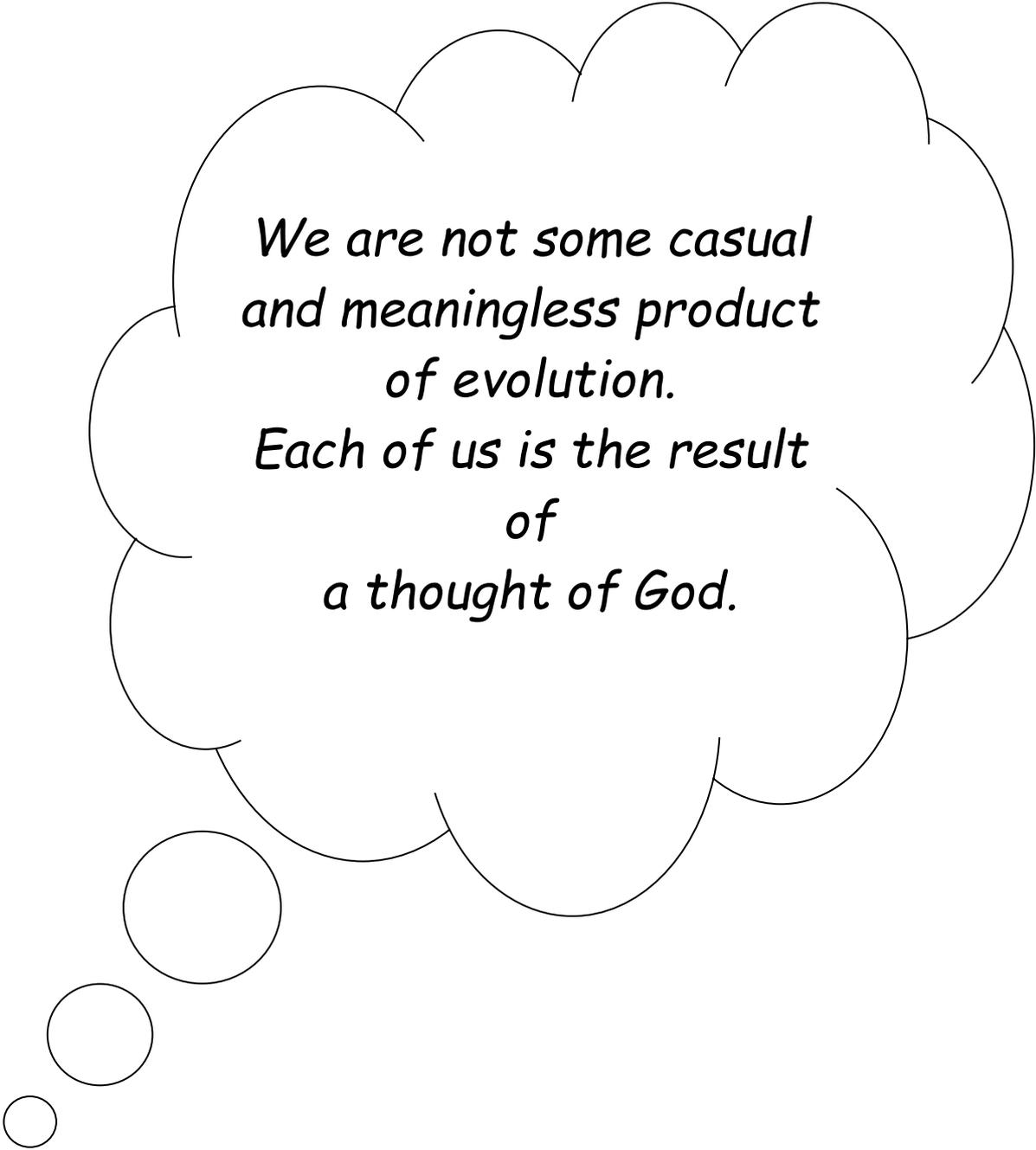


What's changed?

Check out the changes boys! These 3 boys have developed at different rates from childhood to adulthood



What's changed?



*We are not some casual
and meaningless product
of evolution.
Each of us is the result
of
a thought of God.*

How have I changed emotionally as I've grown?

Reflect and discuss with a friend what do these words mean to you?

DIGNITY

RESPECT

APPROPRIATE

Where are our private parts?

1.

2.

3.

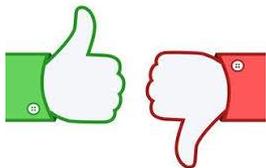
4.

Tick thumbs up or down for each statement

It is ok for a stranger to touch us on our private areas



Our parents may need to touch us on our private parts if we are ill or injured



A doctor or nurse may need to touch us on our private parts if we are ill or injured



It is ok to kiss someone when they don't want you to



It is normal to sometimes feel mad, sad or glad



Who can you talk to if you are worried about anyone touching you on your private parts?

What's going on inside boys?

In boys

Sperm duct

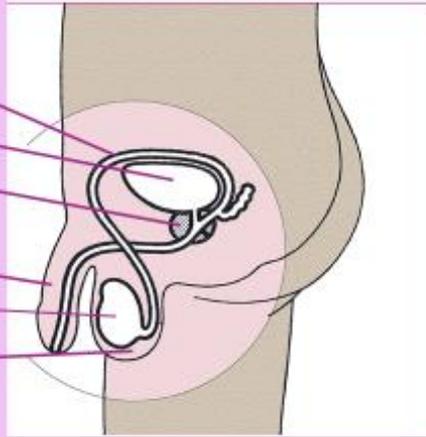
Bladder

Prostate gland

Penis

Testicle

Scrotum



9 A Journey in Love - Year 6



What's going on inside girls?

In girls

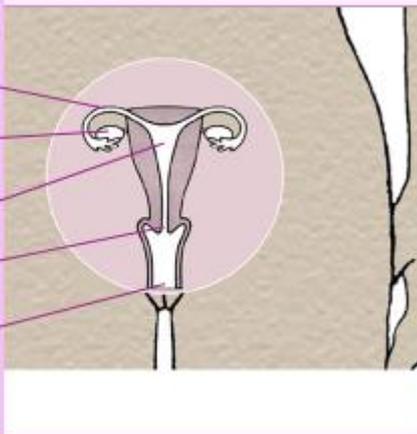
Fallopian tube

Ovary

Uterus (womb)

Cervix

Vagina



10 A Journey in Love - Year 6



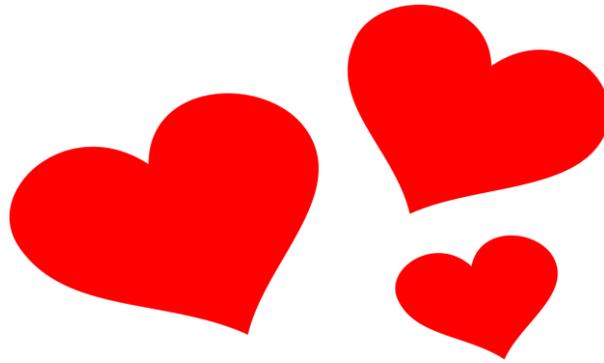
Your sex or gender (whether you are a girl or boy) depends on which genitals you have.



Occasionally people feel that their sex at birth does not match up with the gender they feel they are on the inside. You may have the genitals of a male, and be called a boy, but not feel like a boy on the inside. You may have the genitals of a female, and be called a girl, but not feel like a girl on the inside. **We call this transgender.**

Relationships develop and eventually you may be able to use the word 'love'.

Real love reveals itself in complete commitment. **Love is caring and sharing with another person.** We can love many people. However, two people can be drawn to a love that at its deeper levels becomes more and more exclusive.



Love can be between a man and a woman

Love can be between a man and a man. **This is called gay.**

Love can be between a woman and a woman. **This is called lesbian.**

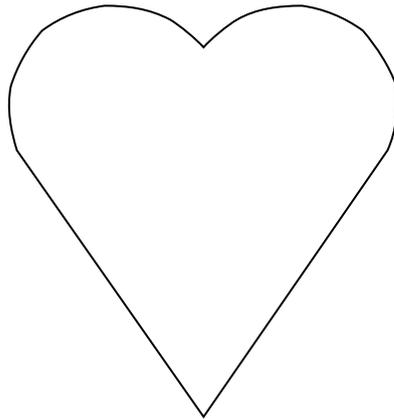
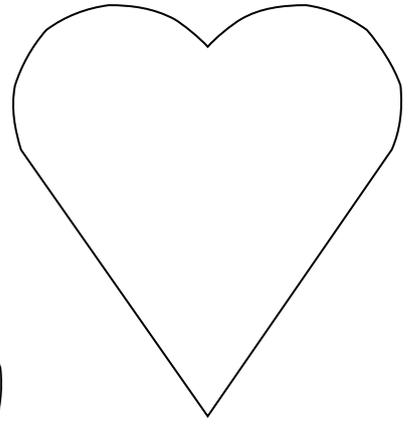
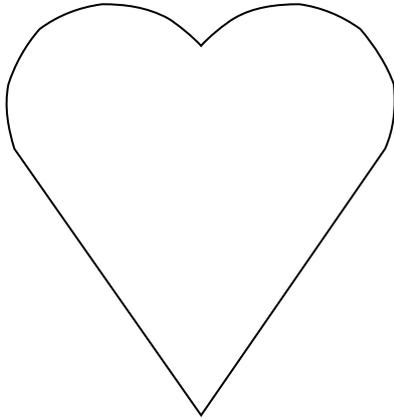
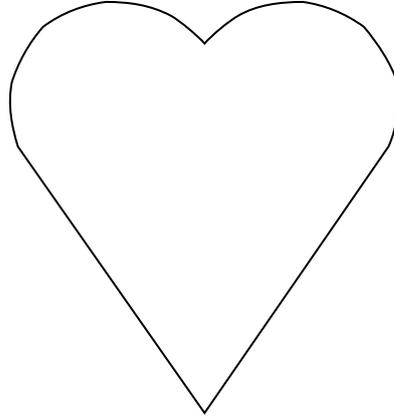
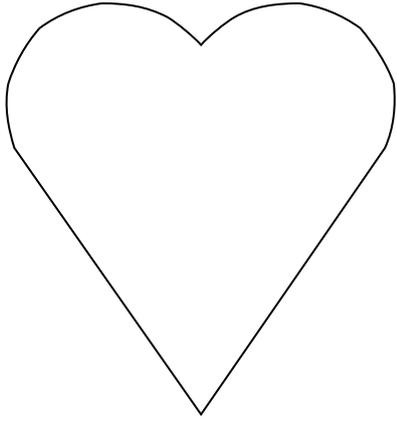
Prayer

*Source of Love,
help us to love and respect each other
and enjoy the beauty of happy
friendships.*

Amen.

27 A Journey in Love - Year 5

What signs of love do you see in people around you?



Prayer

*Jesus, our friend
and brother,
embrace in your love
all our friends.*

Amen.



Special relationships need time to develop and mature. Ultimately the couple may decide to get married.

Sexual intercourse between husband and wife is a joyful expression of their love for each other.

It is an act of self-giving made by two people who want to give of themselves to the person they love and respect.



When a couple want to make a baby the normally go somewhere cosy and private like a bed. The man's penis becomes stiff and is placed inside the woman's vagina. Soon, millions of sperm cells are released when the man ejaculates.

Each sperm cell has a long tail that it uses to swim through the cervix, into the uterus, and eventually into the wife's fallopian tubes in search of an ovum.

This is called 'having sex' or 'making love'

People usually only make love with someone they:

L.....

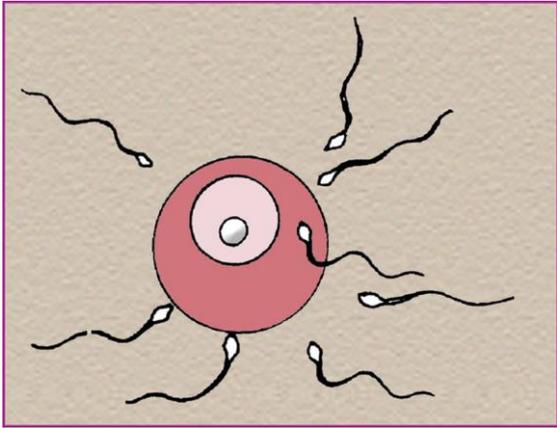
C..... F.....

T.....

R.....

****No one should ever make someone have sex if they don't want to, this is against the law.***

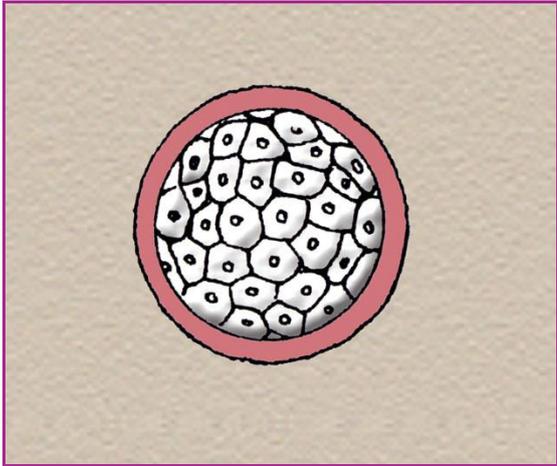
****The legal age for consent (the age people can have sex) is***



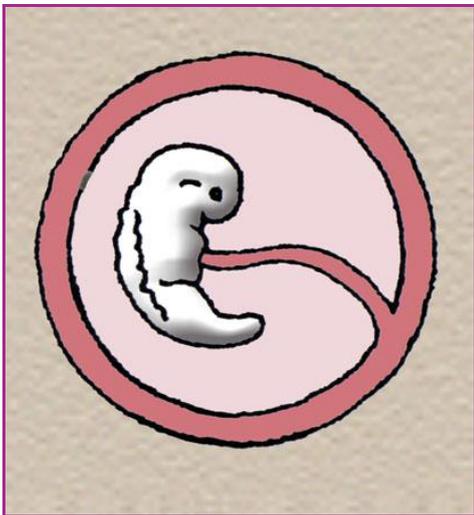
How many sperm cells may reach the egg?

How many sperm cells does it take to fertilise the egg?

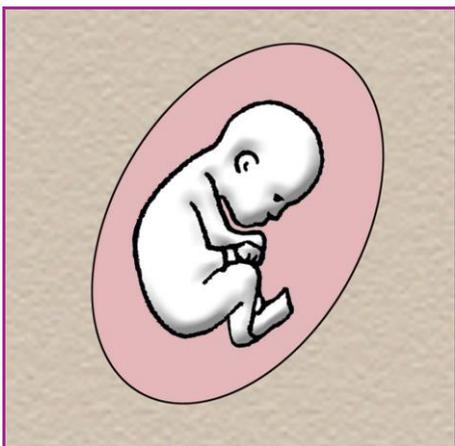
What is this called?



What has happened to the cells?



After 8 weeks.....

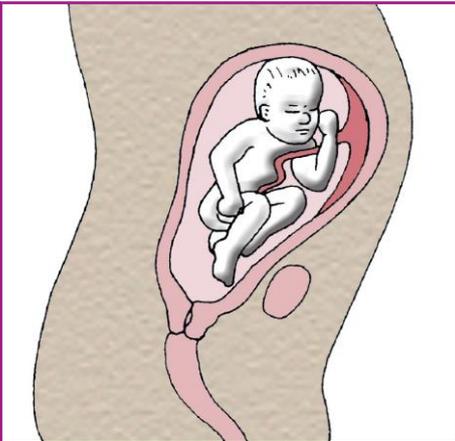


After 16 weeks.....

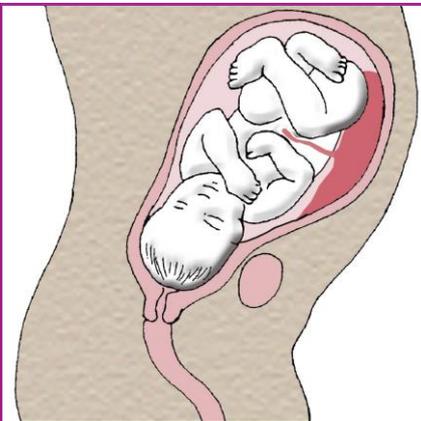
Match the diagram to the description



After 28 weeks, the baby's kicks are quite strong and can be felt by putting a hand on the mother's stomach.



After 36 weeks, the baby has taken up its final position in the uterus. Its lungs are getting ready to take their first breath.



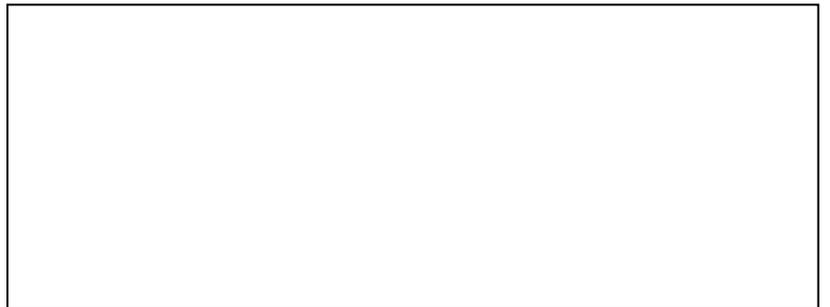
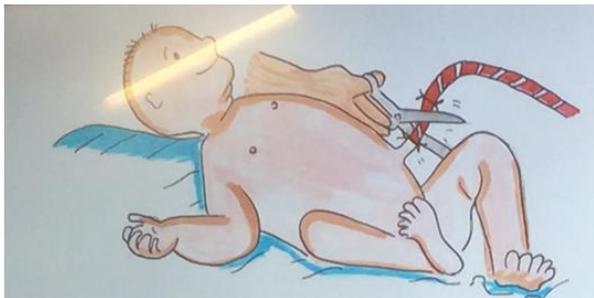
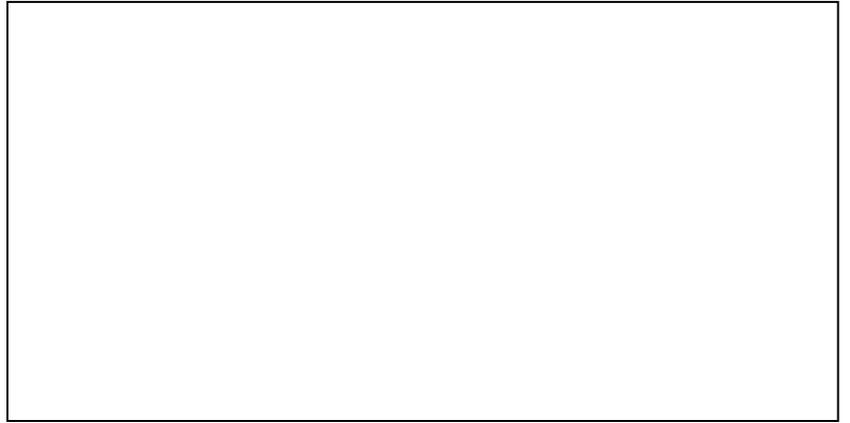
After 24 weeks, the baby can hear voices and other sounds from outside its mother. It has some hair and eyebrows and eyelashes. Its skin is very wrinkled.

The baby continues to get fatter. Sometime after 36 weeks, the baby's head is positioned ready for birth.

The baby could arrive any time between the _____ and _____ week of pregnancy.

The different ways a baby is born

Describe what is happening in each picture



Key Words

Cervix, uterus, vagina, head first, shoulders, natural birth, small cut, lifted out caesarean, C-section, umbilical cord, clip, belly button.

*God makes new life begin
through the love that parents have
for each other.*

Write a prayer of thanks for mothers, fathers, doctors, nurses, new babies and the miracle of life. Illustrate your prayer however you wish.

*For each of us,
life is like a journey.
Birth is the beginning of
this journey,
And death is not the end;
but the destination.*



