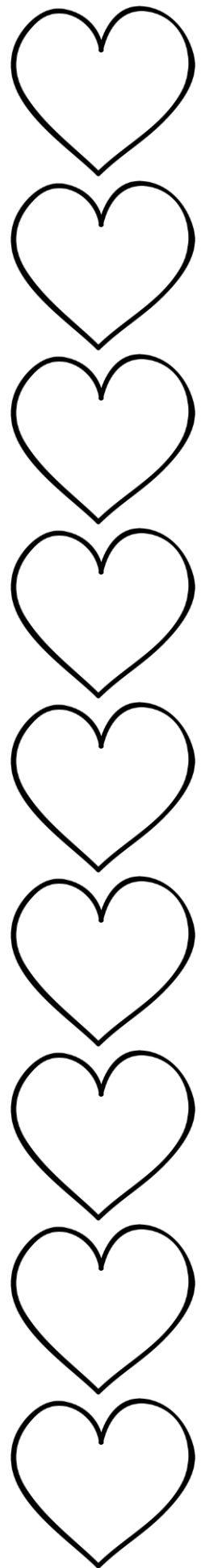

How we live in love. *Year 3*

A journey in love

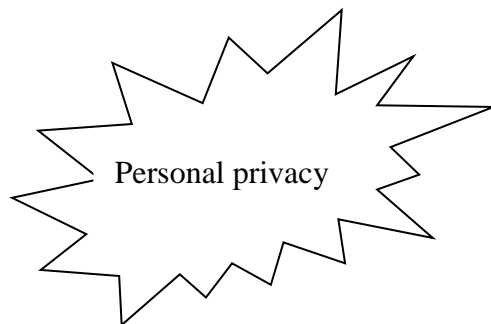
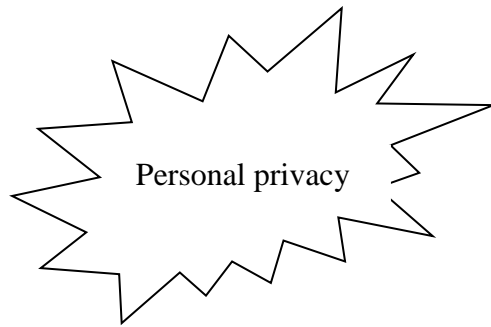
RSE

PSHE

Name:



What do you already know about these key words?



PHYSICAL: How have I changed since birth? How is my body changing?

How is my body physically and emotionally changing?

Who takes care of me?

How do I look after myself?

How am I changing?

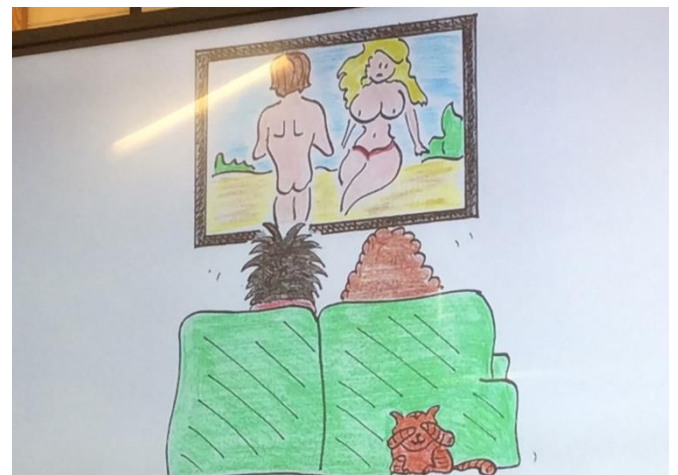
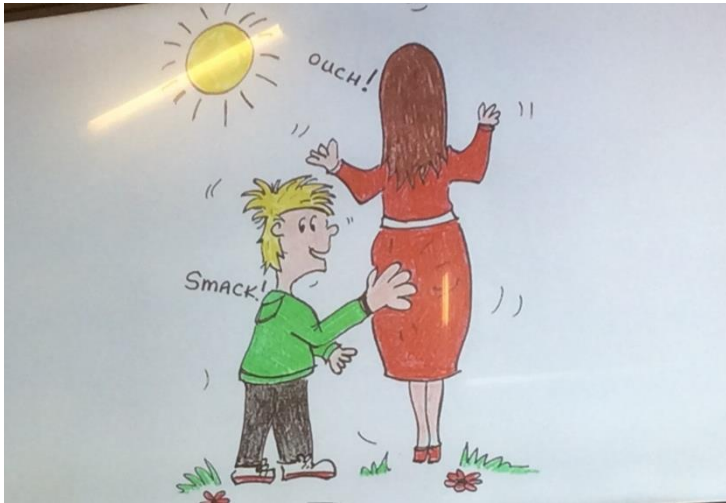
How do I keep myself safe?

*Loving Lord, Help us to respect and take care of each other better as we
continue to change and grow.*

How have I changed?

New born	I could...
1-4 years	I used to
5-7 years	I used to...
8/9 years	Now I ...

Which of these pictures are ok? Which are not? Tick the pictures that are ok and cross the pictures that are not ok.



SOCIAL: How does my behaviour change as I grow up? What do I need to do to show I care for myself and for others as I grow up?

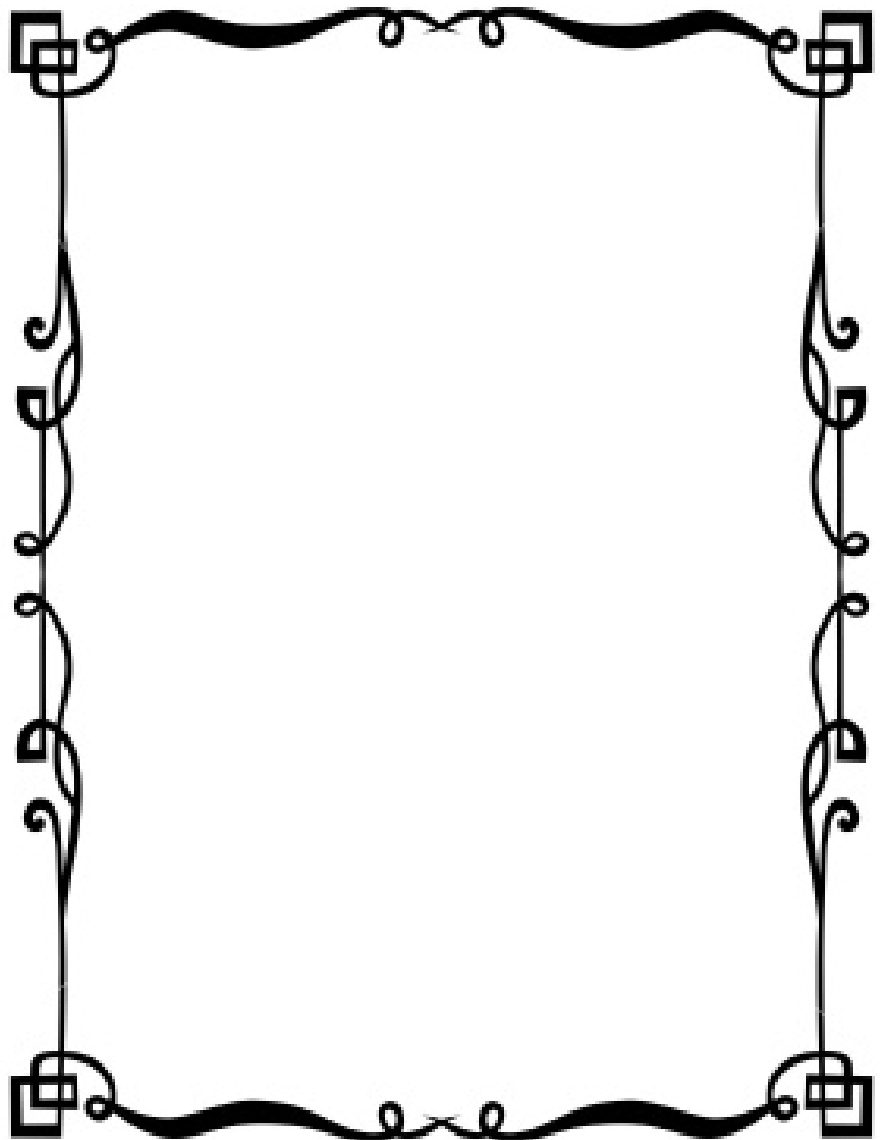
Caring for Myself	Caring for Others

To live is to change and to be perfect is to have changed.

EMOTIONAL: How do I help others emotionally? How do I take care of my own emotions?

Emotional
Words...

My Emotional Promise



Thank you God for all your gifts
Amen.

INTELLECTUAL: Can you recognise how you think differently about others and the world in which you live?



Create a poem/song/rap about stopping and thinking before you act

The Story of Saul who changed his name to Paul

*Meanwhile, Saul was still breathing out murderous threats against the Lord's disciples. He went to the high priest² and asked him for letters to the synagogues in Damascus, so that if he found any there who belonged to the Way, whether men or women, he might take them as prisoners to Jerusalem.³ As he neared Damascus on his journey, suddenly a light from heaven flashed around him.⁴ He fell to the ground and heard a voice say to him, *"Saul, Saul, why do you persecute me?"**

⁵ *"Who are you, Lord?" Saul asked.*

"I am Jesus, whom you are persecuting," he replied.⁶ "Now get up and go into the city, and you will be told what you must do."

¹⁰ *In Damascus there was a disciple named Ananias. The Lord called to him in a vision, *"Ananias!"**

"Yes, Lord," he answered.

¹¹ *The Lord told him, *"Go to the house of Judas on Straight Street and ask for a man from Tarsus named Saul, for he is praying.¹² In a vision he has seen a man named Ananias come and place his hands on him to restore his sight."**

¹³ *"Lord," Ananias answered, "I have heard many reports about this man and all the harm he has done to your saints in Jerusalem.¹⁴ And he has come here with authority from the chief priests to arrest all who call on your name."*

¹⁵ *But the Lord said to Ananias, *"Go! This man is my chosen instrument to carry my name before the Gentiles and their kings and before the people of Israel.¹⁶ I will show him how much he must suffer for my name."**

Meet Matthew. He is 4 years old and starting school. Can you help him?



Give Matthew some tips on the best way to make friends.

How can Matthew make sure he is a supportive friend?

What should Matthew do if he is feeling alone?

What is the difference between Matthew being alone and lonely? What should he do if he ever feels lonely?

Lord, open my ears that I may clearly hear your voice. Help me to stay so close to you that I will never have to wonder if your voice is truly coming from you. Help me to feel your joy even if the circumstances become difficult.

Closing prayer. Think of a reflection to talk to God and thank him for all the ways you have grown.

Concluding prayer

Grant me the serenity to accept things I cannot change; courage to change the things I can, and wisdom to know the difference. Amen